

**2023 NHIAA Division I Track & Field Championships**  
**Salem High School - 5/25/2023**  
**Results**

**Girls 100 M Dash**

State Record: S 12.01 2014 Dominique Twombly, Oyster River  
 Division I: D 12.24 1988 Angela Johnson, Nashua  
 2022 Champ: L 12.19 2022 Soraya Ross, Nashua South

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Best, Alexis	11	Merrimack	12.61Q	-1.2	1
2 Ross, Soraya	11	Nashua South	12.70Q	-2.0	3
3 Braswell, Iyana	12	Nashua South	12.89Q	-2.0	2
4 Sippel, Hannah	11	Pinkerton	12.81q	-1.2	1
5 Woodard, Demaiyah	10	Dover	12.92q	-2.0	3
6 Roberts, Eva	11	Pinkerton	12.96q	-2.0	3
7 Jenkins, Lily	11	Portsmouth	13.06q	-2.0	2
8 Ortiz, Myasiah (Mimi)	11	Nashua South	13.21q	-2.0	2
9 Cooper, Caroline	11	Concord	13.23	-1.2	1
10 Musa, Nyahingiva (Nyah)	11	Nashua South	13.24	-1.2	1
11 Thompson, Rayna	11	Exeter	13.31	-2.0	3
12 Aprile, Emerson	9	Timberlane	13.36	-1.2	1
13 Ortiz-Blanco, Leanny	9	Salem	13.44	-2.0	2
14 Brayall, Nora	9	Pinkerton	13.51	-2.0	2
15 O'Keefe, Ella	9	Bedford	13.53	-2.0	3
16 Masumbuko, Inesse	12	Manchester Central	13.59	-2.0	3
17 Toenah, Chelsea	9	Concord	13.60	-2.0	3
18 Draeger, Sierra	12	Windham	13.62	-1.2	1
19 Rodriguez, Hannah	10	Manchester Memorial	13.65	-2.0	2
20 Castaldy, Carly	12	Exeter	13.69	-1.2	1
21 Mann, Tianna	9	Manchester Central	13.82	-2.0	2
22 Quirk, Caroline	12	Concord	13.88	-2.0	2

**Girls 100 M Dash**

State Record: S 12.01 2014 Dominique Twombly, Oyster River  
 Division I: D 12.24 1988 Angela Johnson, Nashua  
 2022 Champ: L 12.19 2022 Soraya Ross, Nashua South

Name	Year	School	Finals	Wind	Points
<b>Finals</b>					
1 Ross, Soraya	11	Nashua South	12.43	-1.0	10
2 Best, Alexis	11	Merrimack	12.48	-1.0	8
3 Braswell, Iyana	12	Nashua South	12.53	-1.0	6
4 Woodard, Demaiyah	10	Dover	12.69	-1.0	4
5 Jenkins, Lily	11	Portsmouth	12.82	-1.0	2
6 Roberts, Eva	11	Pinkerton	12.87	-1.0	1
7 Ortiz, Myasiah (Mimi)	11	Nashua South	12.98	-1.0	
8 Sippel, Hannah	11	Pinkerton	13.00	-1.0	

**Girls 200 M Dash**

State Record: S 24.44 1971 Kathy Lawson, Keene  
 Division I: D 24.44 1970 Kathie Lawson, Keene  
 2022 Champ: L 25.79 2022 Soraya Ross, Nashua South

Name	Year	School	Finals	Wind	H#	Points
1 Barber, Harriet	11	Manchester Central	25.17L	-1.3	3	10
2 Thomas, Jhanelle	10	Nashua North	25.65L	-1.3	3	8

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**....Girls 200 M Dash**

3	Jenkins, Lily	11	Portsmouth	25.98	-1.3	3	6
4	Cruz, Mia	12	Nashua South	26.27	0.4	2	4
5	Scott, Anika	10	Bedford	26.36	+0.0	1	2
6	Ross, Soraya	11	Nashua South	26.37	-1.3	3	1
7	Cooper, Caroline	11	Concord	26.66	0.4	2	
8	Woodard, Demaiyah	10	Dover	26.78	-1.3	3	
9	Sippel, Hannah	11	Pinkerton	26.88	-1.3	3	
10	Roberts, Eva	11	Pinkerton	27.11	0.4	2	
11	Courter, Jordan	9	Manchester Memorial	27.21	0.4	2	
12	McBride, Martelle	9	Exeter	27.44	+0.0	1	
13	Musa, Nyahingiva (Nyah)	11	Nashua South	27.50	+0.0	1	
14	Brayall, Nora	9	Pinkerton	27.87	+0.0	1	
15	Milks, Carolyn	9	Portsmouth	28.39	+0.0	1	
16	Smith, Hannah	12	Windham	28.98	0.4	2	

**Girls 400 M Run**

=====							
State Record: S 55.42		2019	Grace Devannby, Concord				
Division I: D 56.22		2000	Rachel Umberger, Concord				
2022 Champ: L 59.32		2022	Harriet Barber, Central				
Name	Year	School	Finals	H#	Points		
=====							
1	Barber, Harriet	11	Manchester Central	56.20D	3	10	
2	Beaudoin, Charlotte	9	Timberlane	60.36	3	8	
3	Timerman, Avery	11	Portsmouth	60.85	2	6	
4	Sippel, Isabella	9	Pinkerton	60.99	3	4	
5	Ducharme, Samantha	11	Bedford	61.01	3	2	
6	Muller, Madeline	10	Concord	61.10	3	1	
7	Knab, Clara	11	Exeter	61.14	3		
8	Grant, Ainsley	12	Exeter	62.93	2		
9	Hodgman, Bri	12	Keene	63.10	1		
10	Sinclair, Anna	9	Bishop Guertin	63.13	2		
11	Houston, Lucy	9	Keene	63.40	1		
12	Clifford, Moxie	9	Winnacunnet	63.72	1		
13	Coleman, Casey	12	Winnacunnet	64.02	1		
14	Sanni, Ayomide	11	Manchester Memorial	64.61	2		
15	Denon, Lydia	9	Bedford	65.11	2		
16	Claesson, Ariana	9	Pinkerton	65.27	1		
17	Murphy, Maeve	9	Portsmouth	66.05	1		
--	Cenesca, Angela	9	Manchester Central	DNF	2		

**Girls 800 M Run**

=====							
State Record: S 2:06.42		2013	Hannah Parker, Coe-Brown				
Division I: D 2:13.63		2017	Leya Salis, Bedford				
2022 Champ: L 2:18.24		2022	Fiona Lee, Bedford				
Name	Year	School	Finals	H#	Points		
=====							
1	Lee, Fiona	11	Bedford	2:19.23	3	10	
	1:11.511 (1:11.511)	2:19.230 (1:07.719)					
2	Poulin, Anique	10	Dover	2:19.61	3	8	
	1:11.323 (1:11.323)	2:19.602 (1:08.279)					
3	Zink, Annie	9	Bedford	2:21.21	3	6	
	1:11.770 (1:11.770)	2:21.201 (1:09.431)					

**2023 NHIAA Division I Track & Field Championships****Salem High School - 5/25/2023****Results****....Girls 800 M Run**

4	Koutalidis, Charlotte	11 Winnacunnet	2:21.24	3	4
	1:12.096 (1:12.096)	2:21.235 (1:09.139)			
5	Gudas, Chloe	11 Concord	2:21.92	3	2
	1:11.711 (1:11.711)	2:21.920 (1:10.209)			
6	Clifford, Maitri	10 Winnacunnet	2:24.21	3	1
	1:12.339 (1:12.339)	2:24.208 (1:11.869)			
7	Boudreau, Paige	12 Alvirne	2:27.29	2	
	1:14.301 (1:14.301)	2:27.286 (1:12.985)			
8	Vera, Lea	12 Portsmouth	2:28.02	2	
	1:14.159 (1:14.159)	2:28.012 (1:13.853)			
9	Mooney, Sophie	11 Bedford	2:28.96	2	
	1:14.701 (1:14.701)	2:28.960 (1:14.259)			
10	Caron, Danica	9 Exeter	2:31.76	2	
	1:13.970 (1:13.970)	2:31.757 (1:17.787)			
11	Kinson, Corinne	10 Keene	2:33.13	2	
	1:14.289 (1:14.289)	2:33.122 (1:18.833)			
12	Orleans, Amber	10 Exeter	2:33.98	2	
	1:14.457 (1:14.457)	2:33.972 (1:19.515)			
13	Sayers, Sophia	11 Timberlane	2:36.66	1	
	1:17.655 (1:17.655)	2:36.658 (1:19.003)			
14	Pincoske, Alina	11 Concord	2:37.11	1	
	1:16.083 (1:16.083)	2:37.110 (1:21.027)			
15	Anderson, Brynna	11 Alvirne	2:38.07	1	
	1:18.056 (1:18.056)	2:38.068 (1:20.012)			
16	Kutschke, Calla	12 Nashua North	2:50.46	1	
	1:20.583 (1:20.583)	2:50.452 (1:29.869)			

**Girls 1600 M Run**

=====							
State Record: S		4:47.48	2010	Arianna Vailas, Manchester Central			
Division I: D		4:52.98	2016	Leya Salis, Bedford			
2022 Champ: L		5:12.62	2022	Fiona Doherty, Bishop Guertin			
=====							
	Name	Year	School	Finals	Points		
=====							
1	Lee, Fiona	11	Bedford	5:21.54	10		
	1:23.409 (1:23.409)	2:49.990 (1:26.581)	4:11.986 (1:21.996)	5:21.532 (1:09.546)			
2	Koutalidis, Charlotte	11	Winnacunnet	5:23.52	8		
	1:23.711 (1:23.711)	2:50.302 (1:26.591)	4:11.928 (1:21.626)	5:23.517 (1:11.589)			
3	Thomas, Lily	11	Salem	5:26.20	6		
	1:23.323 (1:23.323)	2:49.900 (1:26.577)	4:12.361 (1:22.461)	5:26.200 (1:13.839)			
4	Klinger, Katherine	11	Windham	5:28.44	4		
	1:23.582 (1:23.582)	2:50.191 (1:26.609)	4:12.784 (1:22.593)	5:28.438 (1:15.654)			
5	Bedard, Melanie	10	Merrimack	5:29.72	2		
	1:23.668 (1:23.668)	2:50.077 (1:26.409)	4:13.560 (1:23.483)	5:29.716 (1:16.156)			
6	Nyhan, Molly	12	Concord	5:30.53	1		
	1:23.818 (1:23.818)	2:50.319 (1:26.501)	4:13.980 (1:23.661)	5:30.522 (1:16.542)			
7	Gregory, Meadow	12	Exeter	5:34.27			
	1:24.411 (1:24.411)	2:50.781 (1:26.370)	4:13.969 (1:23.188)	5:34.267 (1:20.298)			
8	Witkoskie, Sonya	10	Nashua North	5:34.87			
	1:24.044 (1:24.044)	2:50.527 (1:26.483)	4:14.302 (1:23.775)	5:34.867 (1:20.565)			
9	Vera, Lea	12	Portsmouth	5:43.93			
	1:24.766 (1:24.766)	2:51.078 (1:26.312)	4:16.877 (1:25.799)	5:43.925 (1:27.048)			
10	Marzolf, Kalisan	9	Pinkerton	5:48.83			
	1:25.425 (1:25.425)	2:55.213 (1:29.788)	4:26.289 (1:31.076)	5:48.824 (1:22.535)			

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11 Anderson, Brynna	11 Alvirne	5:54.29			
1:25.356 (1:25.356)	2:54.858 (1:29.502)	4:26.928 (1:32.070)	5:54.289 (1:27.361)		
12 Moranti, Mia	9 Bedford	5:54.45			
1:24.966 (1:24.966)	2:54.454 (1:29.488)	4:27.648 (1:33.194)	5:54.450 (1:26.802)		
13 Krantz, Elliot	11 Manchester Memorial	6:00.04			
1:25.814 (1:25.814)	2:55.490 (1:29.676)	4:30.016 (1:34.526)	6:00.037 (1:30.021)		

**Girls 3200 M Run**

State Record: S 10:05.71	2017	Jacquelline Gaughan, Exeter			
Division I: D 10:14.35	2018	Jacqueline Gaughan, Exeter			
2022 Champ: L 11:36.91	2022	Shelly Smith, Concord			
Name	Year School	Finals	Points		
1 Silva, Contessa	11 Pinkerton	11:46.86	10		
1:33.339 (1:33.339)	3:05.561 (1:32.222)	4:39.728 (1:34.167)	6:10.789 (1:31.061)		
7:37.252 (1:26.463)	9:06.580 (1:29.328)	10:34.753 (1:28.173)	11:46.856 (1:12.103)		
2 O'Neil, Kelseigh	11 Bedford	11:47.38	8		
1:33.827 (1:33.827)	3:05.897 (1:32.070)	4:39.915 (1:34.018)	6:11.117 (1:31.202)		
7:37.531 (1:26.414)	9:06.888 (1:29.357)	10:35.256 (1:28.368)	11:47.377 (1:12.121)		
3 Reuss, Marisa	12 Winnacunnet	11:49.60	6		
1:33.450 (1:33.450)	3:06.017 (1:32.567)	4:40.015 (1:33.998)	6:11.715 (1:31.700)		
7:38.159 (1:26.444)	9:07.266 (1:29.107)	10:35.460 (1:28.194)	11:49.593 (1:14.133)		
4 Groulx, Isabelle	11 Pinkerton	11:53.73	4		
1:33.057 (1:33.057)	3:05.488 (1:32.431)	4:39.502 (1:34.014)	6:09.221 (1:29.719)		
7:36.719 (1:27.498)	9:06.630 (1:29.911)	10:35.050 (1:28.420)	11:53.728 (1:18.678)		
5 Fondakowski, Anna	10 Bishop Guertin	12:00.05	2		
1:32.763 (1:32.763)	3:05.285 (1:32.522)	4:39.428 (1:34.143)	6:09.292 (1:29.864)		
7:37.149 (1:27.857)	9:06.930 (1:29.781)	10:35.273 (1:28.343)	12:00.047 (1:24.774)		
6 Mahoney, Rachel	11 Bedford	12:11.76	1		
1:34.027 (1:34.027)	3:06.164 (1:32.137)	4:40.210 (1:34.046)	6:11.360 (1:31.150)		
7:37.836 (1:26.476)	9:07.616 (1:29.780)	10:42.131 (1:34.515)	12:11.758 (1:29.627)		
7 Bortz, Alyson	11 Dover	12:19.41			
1:33.184 (1:33.184)	3:05.698 (1:32.514)	4:39.654 (1:33.956)	6:11.508 (1:31.854)		
7:43.678 (1:32.170)	9:18.238 (1:34.560)	10:50.979 (1:32.741)	12:19.404 (1:28.425)		
8 Spuler, Margaret	11 Dover	12:31.72			
1:33.961 (1:33.961)	3:06.156 (1:32.195)	4:40.391 (1:34.235)	6:12.952 (1:32.561)		
7:47.285 (1:34.333)	9:23.189 (1:35.904)	10:57.834 (1:34.645)	12:31.719 (1:33.885)		
9 Hayden, Annika	11 Nashua North	12:32.56			
1:34.479 (1:34.479)	3:07.114 (1:32.635)	4:40.536 (1:33.422)	6:12.815 (1:32.279)		
7:44.947 (1:32.132)	9:22.012 (1:37.065)	10:59.604 (1:37.592)	12:32.556 (1:32.952)		
10 Masson, Lyla	9 Bishop Guertin	12:41.28			
1:34.128 (1:34.128)	3:08.317 (1:34.189)	4:43.860 (1:35.543)	6:22.025 (1:38.165)		
8:01.416 (1:39.391)	9:38.305 (1:36.889)	11:17.317 (1:39.012)	12:41.275 (1:23.958)		
11 Hoy, Ella	11 Keene	12:43.46			
1:33.802 (1:33.802)	3:06.809 (1:33.007)	4:41.326 (1:34.517)	6:16.413 (1:35.087)		
7:55.942 (1:39.529)	9:34.039 (1:38.097)	11:12.688 (1:38.649)	12:43.457 (1:30.769)		
12 Bachrach, Madeline	11 Dover	12:49.53			
1:34.733 (1:34.733)	3:08.608 (1:33.875)	4:42.654 (1:34.046)	6:20.075 (1:37.421)		
7:58.560 (1:38.485)	9:38.520 (1:39.960)	11:17.665 (1:39.145)	12:49.528 (1:31.863)		
13 Melendez, Emely	11 Nashua South	12:49.54			
1:34.145 (1:34.145)	3:07.346 (1:33.201)	4:41.805 (1:34.459)	6:19.690 (1:37.885)		
8:01.783 (1:42.093)	9:40.727 (1:38.944)	11:20.485 (1:39.758)	12:49.535 (1:29.050)		

**2023 NHIAA Division I Track & Field Championships****Salem High School - 5/25/2023****Results****....Girls 3200 M Run**

14	Hiscock, Rebecca	12	Nashua South	12:50.42				
	1:34.411 (1:34.411)	3:07.009 (1:32.598)	4:42.057 (1:35.048)	6:19.414 (1:37.357)				
	8:01.009 (1:41.595)	9:40.739 (1:39.730)	11:20.762 (1:40.023)	12:50.413 (1:29.651)				
15	LeBlanc, Althea	10	Pinkerton	12:50.47				
	1:33.620 (1:33.620)	3:07.358 (1:33.738)	4:42.310 (1:34.952)	6:19.889 (1:37.579)				
	8:00.348 (1:40.459)	9:41.338 (1:40.990)	11:22.734 (1:41.396)	12:50.466 (1:27.732)				
16	Blanchette, Anna	10	Dover	12:53.73				
	1:34.314 (1:34.314)	3:08.887 (1:34.573)	4:44.170 (1:35.283)	6:22.319 (1:38.149)				
	8:01.332 (1:39.013)	9:37.967 (1:36.635)	11:18.053 (1:40.086)	12:53.725 (1:35.672)				
17	Perry, Katelyn (Katie)	10	Nashua South	13:06.74				
	1:32.791 (1:32.791)	3:05.725 (1:32.934)	4:40.753 (1:35.028)	6:17.028 (1:36.275)				
	7:59.260 (1:42.232)	9:41.845 (1:42.585)	11:26.967 (1:45.122)	13:06.732 (1:39.765)				

**Girls 100 M Hurdles**

State Record: S	14.23	2013	Betsy Garnick, Bishop Guertin
RetiredState: S	14.38	1981	Sheri Gagnon, Nashua (30")
Division I: D	14.43	2014	Betsy Garnick, Bish Guertin
Retired D I: D	14.38	1981	Sheri Gagnon, Nashua (30")
2022 Champ: L	14.84	2022	Jordan Wheaton, Pinkerton

Name	Year	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1	Scott, Anika	10	Bedford	15.04Q	-0.6 2
2	Wheaton, Jordan	12	Pinkerton	15.16Q	-1.3 3
3	Doherty, Morgan	11	Concord	15.86Q	-1.3 1
4	Ofori, Petrina	11	Alvirne	15.85q	-0.6 2
5	Dillon, Kailey	12	Merrimack	15.92q	-1.3 1
6	Nada, Mariam	11	Portsmouth	16.56q	-1.3 3 16.553
7	Di Vernieri, Isabella	12	Nashua North	16.56q	-0.6 2 16.555
8	Poulin, Rachel	11	Exeter	17.12q	-1.3 1
9	Witta, Sarah	9	Bishop Guertin	17.42	-1.3 3
10	Adams, Hayden	11	Winnacunnet	17.47	-1.3 1
11	Draeger, Sydney	11	Windham	17.54	-0.6 2
12	Kirk, Zoe	10	Dover	17.63	-1.3 3
13	Weeks, Caroline	12	Portsmouth	17.77	-0.6 2
14	Gatheral, Brooke	11	Bishop Guertin	17.87	-1.3 1
15	O'Dell, Grace	12	Bedford	17.91	-1.3 1
16	MacVicar, Sydney	9	Exeter	17.92	-0.6 2
17	Bolobanic, Jordyn	10	Dover	18.18	-1.3 1
18	Pierannunzi, Lucy	9	Keene	18.36	-1.3 3
19	Collier, Abrielle	9	Merrimack	18.68	-1.3 3
20	Castor, McKenna	12	Keene	18.72	-1.3 1
21	Galeaz, Jaylin	9	Londonderry	18.98	-1.3 3
22	Hansen, Lillian	11	Keene	19.28	-0.6 2
--	Rosario, Heidi	11	Bishop Guertin	DNF	-0.6 2

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**Girls 100 M Hurdles**

State Record: S 14.23	2013	Betsy Garnick, Bishop Guertin			
RetiredState: S 14.38	1981	Sheri Gagnon, Nashua (30")			
Division I: D 14.43	2014	Betsy Garnick, Bish Guertin			
Retired D I: D 14.38	1981	Sheri Gagnon, Nashua (30")			
2022 Champ: L 14.84	2022	Jordan Wheaton, Pinkerton			
Name	Year	School	Finals	Wind	Points

**Finals**

1	Wheaton, Jordan	12	Pinkerton	14.53L	-0.3	10
2	Scott, Anika	10	Bedford	14.78L	-0.3	8
3	Doherty, Morgan	11	Concord	15.65	-0.3	6
4	Nada, Mariam	11	Portsmouth	15.70	-0.3	4
5	Ofori, Petrina	11	Alvirne	15.73	-0.3	2
6	Dillon, Kailey	12	Merrimack	16.02	-0.3	1
7	Di Vernieri, Isabella	12	Nashua North	16.44	-0.3	
8	Poulin, Rachel	11	Exeter	17.08	-0.3	

**Girls 300 M Hurdles**

State Record: S 43.54	2014	Corinne Kennedy, Lebanon			
Division I: D 43.87	1997	Katie Gayman, Manchester Central			
2022 Champ: L 44.96	2022	Sydney Lavelle, Exeter			
Name	Year	School	Finals	H#	Points

1	Thomas, Jhanelle	10	Nashua North	43.92L	3	10
2	Di Vernieri, Isabella	12	Nashua North	45.79	3	8
3	Dillon, Kailey	12	Merrimack	46.74	3	6
4	Frye, Allison	9	Nashua North	46.88	2	4
5	Ofori, Petrina	11	Alvirne	47.40	2	2
6	Wheaton, Jordan	12	Pinkerton	48.34	3	1
7	Ortiz, Myasiah (Mimi)	11	Nashua South	48.48	2	
8	Doherty, Morgan	11	Concord	48.78	3	
9	Juris, Christina	11	Nashua North	48.98	2	
10	Ray, Anna	9	Bedford	49.19	2	
11	Brown, Tiana	10	Nashua North	49.68	2	
12	Hansen, Lillian	11	Keene	50.74	1	
13	Gatheral, Brooke	11	Bishop Guertin	51.09	1	
14	Demers, Zoe	12	Manchester Central	52.80	1	
15	Chavarin, Alejandra	10	Nashua South	52.81	1	
16	Kaupp, Ruby	10	Bedford	54.74	1	
--	Witta, Sarah	9	Bishop Guertin	FS	1	

**Girls 4x100 M Relay**

State Record: S 48.68	2016	Milford			
		N McMorrow, A Arena, O Rogeau, V Williams			
Division I: D 49.29	2022	Nashua South			
		I Braswell, E Ostrowski, M Cruz, S Ross			
2022 Champ: L 49.29	2022	Nashua South, Nashua South			
		I Braswell, E Ostrowski, M Cruz, S Ross			
School			Finals	H#	Points
1	Nashua South		48.64S	3	10
	1) Ortiz, Myasiah (Mimi)	11			
	2) Braswell, Iyana	12			
	3) Cruz, Mia	12			
	4) Ross, Soraya	11			

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2 Pinkerton	48.94D	3	8
1) Roberts, Eva 11	2) Wheaton, Jordan 12		
3) Brayall, Nora 9	4) Sippel, Hannah 11		
3 Nashua North	49.59	3	6
1) Juris, Christina 11	2) Brown, Tiana 10		
3) Frye, Allison 9	4) Thomas, Jhanelle 10		
4 Bedford	50.62	2	4
1) Ducharme, Samantha 11	2) Scott, Anika 10		
3) Dubois, Ava 12	4) Zimmerman, Paige 11		
5 Portsmouth	50.76	3	2
1) Carter, Ella 9	2) Milks, Carolyn 9		
3) Nada, Mariam 11	4) Jenkins, Lily 11		
6 Exeter	50.92	2	1
1) Poulin, Rachel 11	2) McBride, Martelle 9		
3) Castaldy, Carly 12	4) Thompson, Rayna 11		
7 Dover	51.25	2	
1) Cancilla, Nicole 9	2) Woodard, Demaiyah 10		
3) Campbell, Harmony 9	4) Nkounkou, Grace 12		
8 Concord	51.33	3	
1) Quirk, Caroline 12	2) Saysaw, Grace 9		
3) Gridley, Rachel 11	4) Cooper, Caroline 11		
9 Alvirne	51.63	2	
1) Ofori, Petrina 11	2) Rudy, Olivia 11		
3) Coppi, Isabella 12	4) Hartson, Ella 10		
10 Londonderry	51.84	2	
1) Galeaz, Jaylin 9	2) Ruppel, Ava 12		
3) Fitzgerald, Marline 12	4) Nadeau, Emma 10		
11 Manchester Memorial	52.08	3	
1) Courter, Jordan 9	2) Ruston, Lexi 12		
3) Rodriguez, Hannah 10	4) Sanni, Ayomide 11		
12 Windham	52.15	1	
1) Parker, Tessa 12	2) Draeger, Sierra 12		
3) Smith, Hannah 12	4) Lee, Sedona 10		
13 Merrimack	53.59	2	
1) Kapise, Tate 12	2) Farrell, Lilly 11		
3) Sullivan, Cara 12	4) Roy, Haylie 11		
14 Winnacunnet	53.66	1	
1) Adams, Hayden 11	2) Champney, Mackenzie 10		
3) Clifford, Moxie 9	4) Pacheco, Liana 10		
15 Keene	53.92	1	
1) Houston, Lucy 9	2) Hodgman, Bri 12		
3) Carey, Neela 10	4) Castor, McKenna 12		
16 Spaulding	54.29	1	
1) Boudreau, Sara 9	2) Meulenbroek, Caroline 9		
3) Peterson-Matos, Devin 10	4) Junkins, Abby 9		

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**Girls 4x400 M Relay**

School	Year	Time	Finals	H#	Points	
State Record: S	2013	3:53.87				
			Bishop Guertin			
			S Burke, R Pellitier, B Garnick, M McCabe			
Division I: D	2011	3:58.30				
			Bishop Guertin			
			C Barowski, S Burke, M McCabe, L Mei			
2022 Champ: L	2022	4:07.08				
			Exeter, Exeter			
			A Grant, M Gregory, S Lavelle, C Knab			
School				Finals	H#	Points
1 Nashua North				4:04.41L	3	10
1) Juris, Christina 11			2) Frye, Sarah 9			
3) Frye, Allison 9			4) Thomas, Jhanelle 10			
2 Bedford				4:06.45L	3	8
1) Dubois, Ava 12			2) Zimmerman, Paige 11			
3) Lee, Fiona 11			4) Ducharme, Samantha 11			
3 Exeter				4:06.74L	3	6
1) Smith, Emma 12			2) Seaman, Taylor 12			
3) Knab, Clara 11			4) Gregory, Meadow 12			
4 Portsmouth				4:08.42	3	4
1) Murphy, Maeve 9			2) Vera, Lea 12			
3) Milks, Carolyn 9			4) Timerman, Avery 11			
5 Winnacunnet				4:10.21	2	2
1) Clifford, Maitri 10			2) Clifford, Moxie 9			
3) Coleman, Casey 12			4) Koutalidis, Charlotte 11			
6 Concord				4:11.12	3	1
1) Muller, Madeline 10			2) Nyhan, Molly 12			
3) Muller, Katherine 12			4) Gudas, Chloe 11			
7 Dover				4:16.04	2	
1) Woodard, Demaiyah 10			2) Campbell, Harmony 9			
3) Friend-Gray, Emeline 10			4) Poulin, Anique 10			
8 Pinkerton				4:16.95	3	
1) Sippel, Hannah 11			2) Jellow, Grace 12			
3) Groulx, Isabelle 11			4) Sippel, Isabella 9			
9 Salem				4:18.53	2	
1) Aliberti, Avery 9			2) D'Amico, Marina 10			
3) Thomas, Lily 11			4) Callahan, Shea 11			
10 Alvirne				4:19.46	1	
1) Martin, Ava 10			2) Anderson, Brynna 11			
3) Ofori, Petrina 11			4) Boudreau, Paige 12			
4:19.454 (4:19.454)						
11 Timberlane				4:23.52	1	
1) Beaudoin, Charlotte 9			2) Fronc, Julia 11			
3) Genest, Lauren 12			4) Sayers, Sophia 11			
12 Keene				4:23.67	2	
1) Houston, Lucy 9			2) Hansen, Lillian 11			
3) Kinson, Corinne 10			4) Hodgman, Bri 12			
13 Nashua South				4:24.98	2	
1) Ortiz, Myasiah (Mimi) 11			2) Cruz, Mia 12			
3) Ross, Soraya 11			4) Chavarin, Alejandra 10			
14 Bishop Guertin				4:25.57	1	
1) Witta, Sarah 9			2) Desjadon, Madeline 9			
3) Pho, Sydney 12			4) Sinclair, Anna 9			
15 Manchester Central				4:27.41	2	
1) Mann, Tianna 9			2) Houghton, Maddy 9			
3) Cenesca, Angela 9			4) Barber, Harriet 11			
16 Londonderry				4:27.61	1	



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1) Sherman, Drewanne 9	2) Williams, Amara 11		
3) Gregoire, Linsey 10	4) Plante, Madeleine 11		
17 Merrimack		4:30.31	1
1) Roy, Haylie 11	2) Amoo, Kaylin 10		
3) Parzych, Riley 11	4) Bedard, Melanie 10		
18 Manchester Memorial		4:36.59	1
1) Sanni, Ayomide 11	2) Nur, Fatumo 9		
3) Ramic, Emina 10	4) Schmitt, Marlaina 11		

**Girls 4x800 M Relay**

State Record: S 9:15.02	2011	Bishop Guertin		
		S Veilleaux, S Burke, M McCabe, C Barowski		
Division I: D 9:28.28	2017	Bishop Guertin, Bishop Guertin		
		J Nigro, C Towle, H Schmitt, C Fischer		
2022 Champ: L 9:49.72	2022	Concord, Concord		
		M Nthan, A Pincoske, A Goulas, W Vaillant		
School			Finals	Points

1 Bedford			9:34.79L	10		
1) Zink, Annie 9	2) O'Neil, Kelseigh 11					
3) Mooney, Sophie 11	4) Ducharme, Samantha 11					
1:09.064 (1:09.064)	2:23.662 (1:14.598)	3:35.924 (1:12.262)	4:49.541 (1:13.617)			
5:59.893 (1:10.352)	7:15.804 (1:15.911)	8:22.375 (1:06.571)	9:34.789 (1:12.414)			
2 Exeter			9:43.24L	8		
1) Knab, Clara 11	2) Caron, Danica 9					
3) Orleans, Amber 10	4) Gregory, Meadow 12					
1:08.662 (1:08.662)	2:23.543 (1:14.881)	3:35.891 (1:12.348)	4:48.308 (1:12.417)			
5:59.574 (1:11.266)	7:15.911 (1:16.337)	8:23.882 (1:07.971)	9:43.237 (1:19.355)			
3 Alvirne			9:54.23	6		
1) Martin, Ava 10	2) Berube, Sophia 10					
3) Herbert, Jennifer 10	4) Boudreau, Paige 12					
1:10.001 (1:10.001)	2:28.279 (1:18.278)	3:41.425 (1:13.146)	5:02.191 (1:20.766)			
6:11.777 (1:09.586)	7:29.586 (1:17.809)	8:40.279 (1:10.693)	9:54.223 (1:13.944)			
4 Pinkerton			10:09.45	4		
1) Silva, Contessa 11	2) Jellow, Grace 12					
3) Marzolf, Kalisan 9	4) Groulx, Isabelle 11					
1:09.660 (1:09.660)	2:25.984 (1:16.324)	3:40.382 (1:14.398)	5:00.431 (1:20.049)			
6:11.414 (1:10.983)	7:38.441 (1:27.027)	8:47.081 (1:08.640)	10:09.445 (1:22.364)			
5 Nashua North			10:31.68	2		
1) Witkoskie, Sonya 10	2) Nalen, Margaret 12					
3) Brown, Tiana 10	4) Kutschke, Calla 12					
1:11.731 (1:11.731)	2:36.300 (1:24.569)	3:56.830 (1:20.530)	5:22.428 (1:25.598)			
6:32.475 (1:10.047)	7:52.215 (1:19.740)	9:06.486 (1:14.271)	10:31.676 (1:25.190)			
6 Dover			10:33.64	1		
1) Bachrach, Madeline 11	2) Spuler, Margaret 11					
3) Bortz, Alyson 11	4) Poulin, Anique 10					
1:14.969 (1:14.969)	2:41.841 (1:26.872)	4:02.160 (1:20.319)	5:29.365 (1:27.205)			
6:44.110 (1:14.745)	8:04.282 (1:20.172)	9:17.724 (1:13.442)	10:33.637 (1:15.913)			
7 Bishop Guertin			10:40.15			
1) Kraft, Katie 12	2) Pho, Sydney 12					
3) Carpenter, Shea 10	4) Masson, Lyla 9					
1:19.237 (1:19.237)	2:48.561 (1:29.324)	4:01.387 (1:12.826)	5:25.746 (1:24.359)			
6:42.582 (1:16.836)	8:02.266 (1:19.684)	9:18.368 (1:16.102)	10:40.145 (1:21.777)			

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**....Girls 4x800 M Relay**

8 Keene	10:50.31					
1) Carlson, Maddie 9	2) Kamphuis, Cate 9					
3) Wooster, Beckley 11	4) Kinson, Corinne 10					
1:17.378 (1:17.378)	2:39.204 (1:21.826)	3:55.910 (1:16.706)	5:22.871 (1:26.961)			
6:41.801 (1:18.930)	8:08.280 (1:26.479)	9:26.040 (1:17.760)	10:50.303 (1:24.263)			
9 Manchester Memorial	10:53.99					
1) Krantz, Elliot 11	2) Schmitt, Marlaina 11					
3) Ramic, Emina 10	4) Sanni, Ayomide 11					
1:16.521 (1:16.521)	2:37.284 (1:20.763)	3:57.317 (1:20.033)	5:26.792 (1:29.475)			
6:42.052 (1:15.260)	8:14.887 (1:32.835)	9:35.589 (1:20.702)	10:53.986 (1:18.397)			
10 Nashua South	10:56.58					
1) Hiscock, Rebecca 12	2) Melendez, Emely 11					
3) Harris, Grace 12	4) Kelly, Caroline 9					
1:16.962 (1:16.962)	2:42.151 (1:25.189)	4:02.573 (1:20.422)	5:31.330 (1:28.757)			
6:44.218 (1:12.888)	8:08.551 (1:24.333)	9:26.851 (1:18.300)	10:56.578 (1:29.727)			
11 Portsmouth	11:01.30					
1) Timerman, Avery 11	2) Hodgson, Georgia 12					
3) Vera, Lea 12	4) Haley, Megan 12					
1:16.172 (1:16.172)	2:40.216 (1:24.044)	4:03.022 (1:22.806)	5:32.165 (1:29.143)			
6:50.424 (1:18.259)	8:17.361 (1:26.937)	9:37.020 (1:19.659)	11:01.297 (1:24.277)			
12 Concord	12:12.20					
1) McHugh, Gracie 12	2) Pincoske, Alina 11					
3) Peterson, Lilith 11	4) Fitcher, Avery 12					
1:12.588 (1:12.588)	2:37.298 (1:24.710)	4:56.546 (2:19.248)	6:35.700 (1:39.154)			
7:53.359 (1:17.659)	9:25.782 (1:32.423)	10:43.871 (1:18.089)	12:12.197 (1:28.326)			

**Girls High Jump**

State Record: S 5-10 1988		Alison Poulin, Oyster River	
Division I: D 5-08 1996		Krista Nelson, Londonderry	
2022 Champ: L 5-02 2022		Olivia Mazerolle, Nashua North	
Name	Year School	Finals	Points
=====			
1 Goulas, Ella	10 Concord	J5-04.00L	10
4-08 4-10 5-00 5-02 5-04			Jump Off Winner
O O O XO XXX			
2 Drew, Hannah	12 Spaulding	J5-02.00L	8
4-08 4-10 5-00 5-02 5-04			
P O O XO XXX			
3 Okorie, Kelechi	12 Nashua North	J5-00.00	6
4-08 4-10 5-00 5-02			
P XO XO XXX			
4 Murrin, Audrey	11 Bishop Guertin	J5-00.00	4
4-08 4-10 5-00 5-02			
XO XO XO XXX			
5 Wheaton, Jordan	12 Pinkerton	J5-00.00	2
4-08 4-10 5-00 5-02			
P O XXO XXX			
6 Crowder, Grace	12 Bedford	J5-00.00	0.50
4-08 4-10 5-00 5-02			
O XO XXO XXX			
6 O'Dell, Grace	12 Bedford	J5-00.00	0.50
4-08 4-10 5-00 5-02			
O XO XXO XXX			



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**....Girls Pole Vault**

5	Fitzgerald, Marline	12 Londonderry	J9-00.00	2
	7-06 8-00 8-06 9-00 9-06			
	P O XO O XXX			
6	Ruppel, Ava	12 Londonderry	J9-00.00	1
	7-06 8-00 8-06 9-00 9-06			
	XO XO O XXO XXX			
7	Haggett, Lilly	11 Londonderry	J8-06.00	
	7-06 8-00 8-06 9-00			
	O O O XXX			
8	Kaupp, Ruby	10 Bedford	J8-06.00	
	7-06 8-00 8-06 9-00			
	XO O XO XXX			
9	rushton, catherine	9 Salem	J8-00.00	
	7-06 8-00 8-06			
	O O XXX			
10	Manni, Remy	12 Bedford	J8-00.00	
	7-06 8-00 8-06			
	O XO XXX			
11	Forrester, Mackenzie	10 Bedford	J8-00.00	
	7-06 8-00 8-06			
	XXO XO XXX			
12	Joyce, Kendal	12 Bedford	J7-06.00	
	7-06 8-00			
	O XXX			
--	Rodriguez, Penelope	9 Nashua South	NH	
	7-06			
	XXX			
--	Houle, Emily	10 Spaulding	NH	
	7-06			
	XXX			
--	Nkounkou, Grace	12 Dover	NH	
	7-06			
	XXX			
--	Dinndorf, Jenna	10 Bedford	NH	
	7-06			
	XXX			
--	Fegan, Amelie	10 Londonderry	NH	
	7-06			
	XXX			

**Girls Long Jump**

=====							
State Record: S	19-04.50	2008	Bree Robinson, Pinkerton				
Division I: D	19-04.50	2008	Bree Robinson, Pinkerton				
2022 Champ: L	17-08.25	2022	Molly O'Donnell, Alvirne				
Name		Year	School	Finals	Wind	H#	Points
=====							
1	Dillon, Kailey	12	Merrimack	18-08.25L	NWI	2	10
	17-09(NWI) 18-08.25(NWI)		16-06(NWI) 18-01.75(NWI)	PASS	PASS		
2	Scott, Anika	10	Bedford	18-04.25L	NWI	2	8
	17-11.25(NWI) 18-04.25(NWI)		17-03(NWI) 17-06(NWI)	FOUL	17-07.50(NWI)		
3	Braswell, Iyana	12	Nashua South	17-05.50	NWI	2	6
	16-04(NWI) 17-01.50(NWI)		16-11.50(NWI) 15-11.25(NWI)	17-05.50(NWI)	FOUL		
4	Best, Alexis	11	Merrimack	17-02.25	NWI	2	4
	17-02.25(NWI) FOUL		16-08(NWI) 16-11.50(NWI)	PASS	PASS		

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5	Mullen, Ayva	11	Concord	16-11.50	NWI	2	2
	16-01(NWI) FOUL		FOUL	15-03.25(NWI)	16-11.50(NWI)	FOUL	
6	Goulas, Ella	10	Concord	16-08.25	NWI	2	1
	15-06.50(NWI)	16-08.25(NWI)	PASS	PASS	PASS	PASS	
7	Smith, Emma	12	Exeter	16-06.25	NWI	2	
	16-03.50(NWI)	16-04.50(NWI)	16-05.25(NWI)	14-11.50(NWI)	16-06.25(NWI)	16-01.50(NWI)	
8	McBride, Martelle	9	Exeter	16-03.25	NWI	1	
	15-08(NWI) FOUL	16-03.25(NWI)	15-00.25(NWI)	16-01.25(NWI)	FOUL		
9	Putney, Anna	12	Bedford	15-09.50	NWI	1	
	14-06.75(NWI)	15-09.50(NWI)	15-02.50(NWI)				
10	Ahern, Claire	9	Exeter	15-08.25	NWI	1	
	14-11(NWI)	15-08.25(NWI)	FOUL				
11	Poulin, Rachel	11	Exeter	15-05.50	NWI	1	
	15-03.50(NWI)	15-03.75(NWI)	15-05.50(NWI)				
12	Adams, Hayden	11	Winnacunnet	15-03.75	NWI	1	
	15-03.75(NWI)	FOUL	15-00(NWI)				
13	Doherty, Morgan	11	Concord	15-03.50	NWI	2	
	15-02(NWI)	15-00.50(NWI)	15-03.50(NWI)				
14	Castaldy, Carly	12	Exeter	15-02.50	NWI	1	
	FOUL	14-09.25(NWI)	15-02.50(NWI)				
15	Nada, Mariam	11	Portsmouth	15-02.00	NWI	1	
	15-02(NWI)	14-06(NWI)	14-08.50(NWI)				
16	Clifford, Moxie	9	Winnacunnet	14-06.00	NWI	1	
	14-00.50(NWI)	14-06(NWI)	14-03.50(NWI)				
17	Rodriguez, Hannah	10	Manchester Memorial	14-03.00	NWI	2	
	FOUL	14-03(NWI)	10-11.25(NWI)				
18	Metcalf, Sienna	9	Portsmouth	13-09.25	NWI	1	
	FOUL	FOUL	13-09.25(NWI)				

**Girls Triple Jump**

=====									
State Record:	S	40-02	2007	Ellen Powers, Bishop Guertin					
Division I:	D	38-11.75	2007	Ellen Powers, Bishop Guertin					
2022 Champ:	L	36-00.50	2022	Ayva Mullen, Concord					
Name		Year	School	Finals	Wind	H#	Points		
=====									
1	Best, Alexis	11	Merrimack	36-00.25	1.1	2	10		
	32-07.50(0.3)	36-00.25(1.1)	35-05(0.3)	PASS	PASS	PASS			
2	Goulas, Ella	10	Concord	35-08.00	+0.0	2	8		
	34-04(1.0)	35-00.75(1.3)	34-03.25(+0.0)	FOUL(0.9)	35-04.75(0.8)	35-08(+0.0)			
3	Smith, Emma	12	Exeter	34-07.50	1.4	2	6		
	31-11(1.0)	34-07.50(1.4)	31-07.50(+0.0)	30-08.50(+0.0)	31-00(0.9)	33-04.50(0.7)			
4	Mullen, Ayva	11	Concord	34-05.25	1.8	2	4		
	34-05.25(1.8)	34-02.50(1.3)	34-05(+0.0)	FOUL(0.6)	30-02.25(1.3)	34-02.50(1.1)			
5	Dillon, Kailey	12	Merrimack	34-01.50	1.5	2	2		
	33-08(0.9)	34-01.50(1.5)	33-05(0.1)	33-06.25(+0.0)	33-10.25(+0.0)	31-11.25(1.3)			
6	Braswell, Iyana	12	Nashua South	33-10.50	2.8	2	1		
	33-06.75(0.6)	33-10.50(2.8)	33-02.50(1.7)	32-08.25(0.3)	32-10.25(+0.0)	33-04.50(+0.0)			
7	Robinson, Amanda	11	Londonderry	33-07.00	NWI	1			
	29-11.50(NWI)	30-05(NWI)	33-07(NWI)	FOUL(+0.0)	30-06.50(0.9)	33-03(0.2)			
8	Cooper, Caroline	11	Concord	32-11.25	NWI	1			
	32-11.25(NWI)	32-10(NWI)	32-09.50(NWI)	29-10.50(0.3)	FOUL(0.5)	31-05(0.7)			
9	Frye, Sarah	9	Nashua North	32-11.00	NWI	1			
	32-10(NWI)	32-07.50(NWI)	32-11(NWI)						

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10	Mikelson, Kelley	11 Concord	32-09.50	NWI	1
	32-02(NWI) 32-09.50(NWI) 32-00(NWI)				
11	Crowder, Grace	12 Bedford	32-08.50	1.3	2
	FOUL(1.2) 32-08.50(1.3) FOUL(0.8)				
12	Farrell, Lilly	11 Merrimack	32-04.25	1.0	2
	31-05.50(1.6) 32-04.25(1.0) 31-11.50(0.7)				
13	Boudreau, Sara	9 Spaulding	31-06.50	NWI	1
	29-02.50(NWI) 31-00.50(NWI) 31-06.50(NWI)				
14	Saysaw, Grace	9 Concord	30-11.50	0.4	2
	30-11.50(0.4) 30-00.50(+0.0) FOUL(0.2)				
15	Milks, Carolyn	9 Portsmouth	30-11.00	NWI	1
	30-11(NWI) 28-10(NWI) 29-08.75(NWI)				
16	Kirk, Zoe	10 Dover	30-09.50	1.1	1
	29-04.50(0.9) 30-02(1.1) 30-09.50(1.1)				
17	Johnson, Brooke	12 Pinkerton	28-09.50	NWI	1
	28-09.50(NWI) FOUL FOUL				
--	Coppi, Isabella	12 Alvirne	FOUL		1
	FOUL FOUL FOUL				

**Girls Shot Put**

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State Record:	S	51-03.50	2000	Laura Gerrughty, Nashua		
Division I:	D	51-03.50	2000	Laura Gerraughty, Nashua		
2022 Champ:	L	36-03.75	2022	Madelyn Novak, Nashua North		
Name	Year	School	Finals	H#	Points	
=====						
1	Colizzi, Bella	12 Salem	34-06.50	2	10	
	34-06.50 33-10.75 33-05.50 31-04.75 30-05 33-04.50					
2	Woods, Lillia	12 Pinkerton	33-06.00	2	8	
	30-09.50 30-04 29-05.25 33-06 31-00 30-06.25					
3	Ahlers, Abigail	12 Salem	33-03.25	2	6	
	33-00.25 33-02.50 32-09.50 31-10 30-02.50 33-03.25					
4	Novak, Madelyn	12 Nashua North	32-02.25	2	4	
	31-02.25 FOUL 30-11.25 FOUL 32-02.25 29-05					
5	Danis, Briana	12 Pinkerton	32-02.00	2	2	
	30-02.75 32-02 32-01 31-01.50 31-00.25 30-03					
6	Getchell, Mia	11 Merrimack	31-02.00	2	1	
	25-02.75 31-02 FOUL 29-07.25 29-08.25 29-10.25					
7	Kemp, Carolyn	9 Bedford	30-10.75	2		
	30-04 30-00.75 29-00.25 30-10.75 29-05.50 27-08.25					
8	Trask, Jameson	10 Pinkerton	30-05.00	2		
	28-05.50 30-03 29-00.75 28-08 30-05 29-09.25					
9	Avalo, Aaliyah	11 Bedford	29-09.25	1		
	29-09.25 27-07.75 24-10.75					
10	Cruz, Chloe	10 Nashua South	28-08.25	1		
	28-03.75 28-00.50 28-08.25					
11	Bamford, Elisabeth	12 Salem	28-07.50	1		
	28-07.50 26-05.50 26-11.75					
12	Gautieri, Nora	10 Nashua South	28-01.50	2		
	27-11.75 28-01.50 27-08.75					
13	Wright, Kelly	10 Windham	28-01.25	1		
	28-01.25 27-09 27-09.75					
14	Beaton, Zakayla	11 Manchester Memorial	27-10.00	1		
	26-05.50 26-06 27-10					

**2023 NHIAA Division I Track & Field Championships****Salem High School - 5/25/2023****Results****....Girls Shot Put**

15 Yazbek, Autumn	9 Londonderry	27-07.75	1
27-06.50 26-09.75	27-07.75		
16 Haggett, Autumn	10 Pinkerton	27-05.50	1
25-05.50 27-05.50	25-08.50		
17 Terrenzio, Juliana	10 Pinkerton	27-02.00	1
26-04.75 25-09.50	27-02		
18 Anderson, Lilly	10 Merrimack	26-11.50	1
25-06.50 26-11.50	24-06		

**Girls Discus Throw**

State Record: S 158-09	2007	Kelsey Huckins, Keene		
Division I: D 148-09	2001	Laura Gerraughty, Nashua		
2022 Champ: L 134-08	2022	Bianna Danis, Pinkerton		
Name	Year School	Finals	H#	Points
1 Danis, Briana	12 Pinkerton	122-01	2	10
113-01 118-10 105-08	FOUL 120-04 122-01			
2 Novak, Madelyn	12 Nashua North	110-11	2	8
FOUL 110-11 FOUL FOUL FOUL FOUL				
3 Trask, Jameson	10 Pinkerton	96-04	2	6
88-01 FOUL FOUL 83-05	96-04 93-03			
4 Woods, Lillia	12 Pinkerton	95-01	2	4
78-11 85-04 95-01	88-05 91-03 90-07			
5 Milotte, Troia	11 Keene	93-08	2	2
FOUL 85-05 91-02	90-07 FOUL 93-08			
6 Williamson, Trinity	11 Keene	89-07	1	1
FOUL 70-02 89-07	64-04 69-02 FOUL			
7 Bah, abby	11 Manchester Memorial	84-10	1	
FOUL FOUL 84-10	80-08 FOUL 79-05			
8 Martin, Renee	11 Portsmouth	83-07	1	
78-03 82-10 83-07	80-11 79-04 76-03			
9 Wambu, Nkechi	10 Londonderry	83-02	1	
83-02 FOUL FOUL				
10 Gautieri, Nora	10 Nashua South	81-11	1	
71-10 81-11 FOUL				
11 Avalo, Aaliyah	11 Bedford	80-03	1	
80-03 FOUL 76-02				
12 Anderson, Lilly	10 Merrimack	80-00	2	
78-01 76-04 80-00				
13 Sheely, Meredith	9 Timberlane	79-05	1	
74-00 79-05 73-03				
14 Kemp, Carolyn	9 Bedford	79-04	2	
FOUL 79-04 FOUL				
15 Cruz, Chloe	10 Nashua South	79-00	2	
79-00 73-09 78-07				
16 Franks, Kayla	12 Pinkerton	78-09	1	
74-07 77-06 78-09				
17 Kelly, Caroline	9 Nashua South	76-07	1	
73-01 67-02 76-07				
18 Chandrasekaran, Charvi	11 Merrimack	73-00	2	
FOUL 73-00 FOUL				

**2023 NHIAA Division I Track & Field Championships**  
**Salem High School - 5/25/2023**  
**Results**

**Girls Javelin Throw**

Name	Year	School	Finals	H#	Points
State Record: S 149-09	2007	Danika Ham, Somersworth			
RetiredState: S 150-02	1981	Michelle Duhaime, Man Central			
Division I: D 139-05	2003	Heidi Nadeau, Winnacunnet			
Retired D I: D 150-02	1981	Nichelle Duhaime, Manchester Central			
2022 Champ: L 119-08	2022	Madelyn Novak, Nashua North			
Name	Year	School	Finals	H#	Points
1 Novak, Madelyn	12	Nashua North	122-07L	2	10
110-00 106-03 110-00	122-07 112-03 113-03				
2 Poulin, Rachel	11	Exeter	121-02L	2	8
FOUL 84-03 102-04 102-04	111-01 121-02				
3 Montplaisir, Margaret	11	Portsmouth	102-05	2	6
98-11 94-10 101-01	102-05 99-02 99-01				
4 Gilroy, Chloe	12	Manchester Central	100-10	1	4
100-10 95-11 100-05	92-06 96-03 88-10				
5 Josef, Jezelle	12	Bedford	99-10	2	2
99-10 86-10 89-04	79-00 89-09 92-03				
6 Franks, Kayla	12	Pinkerton	98-11	2	1
92-09 92-09 FOUL 98-11	FOUL 97-07				
7 Croteau, Mary	11	Londonderry	97-05	2	
97-05 90-08 96-09	90-09 85-10 91-07				
8 Kemp, Carolyn	9	Bedford	94-09	1	
90-10 94-09 87-02	92-09 82-03 45-06				
9 Fong, Ella	11	Merrimack	90-03	2	
90-03 78-09 69-01					
10 Wright, Kelly	10	Windham	89-07	2	
79-02 85-02 89-07					
11 Barba, Mia	12	Bishop Guertin	84-08	1	
83-07 73-06 84-08					
12 Gautieri, Nora	10	Nashua South	79-08	1	
76-05 79-08 77-02					
13 MacCannell, Maddie	11	Portsmouth	79-04	1	
76-01 79-04 76-10					
14 Haggett, Lilly	11	Londonderry	78-07	1	
66-11 73-08 78-07					
15 Martin, Renee	11	Portsmouth	78-06	1	
78-06 FOUL 75-05					
16 Macek, MarLie	11	Exeter	75-08	1	
FOUL 70-07 75-08					
17 Root, Makayla	10	Concord	72-06	1	
72-06 70-03 70-00					
18 Castaldy, Carly	12	Exeter	71-02	2	
57-08 71-02 FOUL					

Women - Team Rankings - 18 Events Scored

1) Bedford	90	2) Nashua North	76
3) Pinkerton	75	4) Concord	46
5) Merrimack	44	6) Nashua South	38
7) Portsmouth	30	8) Exeter	29
9) Manchester Central	24	10) Salem	22
11) Winnacunnet	21	12) Dover	13
13) Londonderry	11	14) Alvirne	10
15) Timberlane	8	15) Spaulding	8
17) Bishop Guertin	6	18) Windham	4



**2023 NHIAA Division I Track & Field Championships**

**Salem High School - 5/25/2023**

**Results**

**....Girls Javelin Throw**

19) Keene

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