

Cape Ann League Meet #4
The TRACK at New Balance
Results

Girls 55 Meter Dash

Name	Year	School	Finals	H#
Finals				
1 Budny, Kayla	12	North Reading	7.60	4
2 Trout, Sydney	10	Pentucket	7.61	3 7.605
3 Smith, Sage	12	Pentucket	7.61	3 7.607
4 McIntyre, Ava	12	North Reading	7.62	4
5 Gallant, Reese	12	Pentucket	7.74	3
6 Pzenny, Chloe	12	Ipswich	7.76	2
7 Shanahan, Bayleigh	11	Amesbury	7.81	2
8 Robarts, Georgia	11	North Reading	7.86	4
9 Stroope, Devin	10	Newburyport	7.87	4
10 Goodwin, Lia	12	Pentucket	7.92	3
11 Visconti, Sofia	11	Essex Technical	8.00	1
12 Morrissey, Nieve	12	Newburyport	8.04	4
13 Felts, Morgan	10	Newburyport	8.05	4
14 Baker, Jennifer	12	Essex Technical	8.06	1
15 Hurd, Megan	10	Manchester Essex	8.09	1
16 Harmon, Lucy	12	Ipswich	8.11	2
17 Kisiel, Nora	10	Essex Technical	8.13	1
18 Arian Aitchison, Madelyn	11	North Reading	8.14	4
19 Treitel-poore, Ella	8	Triton	8.15	3
20 Ikemoto, Skyler	9	Newburyport	8.19	4
21 Rivera, Zoe	11	Triton	8.33	3
22 Amasa-Titus, Janet	12	Triton	8.34	3
23 Zagrobski, Isabel	9	Manchester Essex	8.46	1
24 Brown, Avery	10	Ipswich	8.55	2
25 Feudo, Olivia	10	Essex Technical	8.58	1
26 Ishihara, Katherine	10	Amesbury	8.64	2
27 Kelly, Claire	10	Ipswich	8.75	2
28 Capotosto, August	9	Manchester Essex	8.96	1
29 Van Oss, Violet	9	Amesbury	9.12	2
30 Beslagic, Naylani	10	Amesbury	9.64	2
31 Gallant, Rachel	10	Manchester Essex	9.67	1

Girls 300 Meter Dash

Name	Year	School	Finals	H#
1 Stroope, Devin	10	Newburyport	43.08	7
2 Trout, Sydney	10	Pentucket	43.36	5
3 Felts, Morgan	10	Newburyport	43.40	7
4 Pzenny, Chloe	12	Ipswich	43.61	1
5 Amasa-Titus, Aleyo	12	Triton	43.68	5
6 Shanahan, Bayleigh	11	Amesbury	44.03	1
7 Shay, Annie	12	Newburyport	44.32	6
8 Basile, Arianna	11	Triton	45.29	5
9 Lamont, Tiara	12	North Reading	45.39	7
10 Harper, Lily	10	Ipswich	45.51	1
11 Breen, Regan	9	Pentucket	45.79	4
12 Hurd, Megan	10	Manchester Essex	46.18	3
13 Ewell, Sarah	9	Triton	46.36	4
14 Pawlick, Summer	8	Triton	46.58	4
15 DeAngelis, Julia	11	North Reading	46.68	6
16 Murphy, Kayla	10	Pentucket	46.87	5

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17 Bromby, Reese	10 Newburyport	47.03	6
18 Cammett, Cece	10 Pentucket	47.12	4
19 Mahoney, Jenna	12 North Reading	47.27	6
20 Crocker, Charlotte	10 Manchester Essex	48.23	3
21 Lazure, Isabelle	10 North Reading	48.37	7
22 Bruno, Bella	9 Ipswich	48.64	1
23 Donovan, Mikayla	9 Essex Technical	48.92	3
24 Eilassen, Caroline	9 Manchester Essex	51.11	2
25 Barbosa, Karolyne	10 Essex Technical	51.20	2
26 Brown, Alyssa	12 Essex Technical	51.68	3
27 Esquerra, Olivia	10 Essex Technical	54.88	2
28 McCavanagh, Sylvia	10 Manchester Essex	55.83	2
29 Snow, Addison	9 Amesbury	56.43	1
-- Raby, Chloe	9 Newburyport	X46.07	7
-- Tassinari, Reilly	9 North Reading	X46.84	7
-- Ikemoto, Skyler	9 Newburyport	X48.00	6
-- Sfikas, Alexandra	10 North Reading	X49.46	6
-- Gallant, Morgan	9 Pentucket	X50.54	5
-- Bethmann, Emily	10 Pentucket	X51.67	4
-- Leahy, Elinor	9 Triton	X52.52	4
-- Martin, Ava	8 Triton	X52.55	5

Girls 600 Meter Run

Name	Year School	Finals	H#
1 Ligor, Giuliana	10 North Reading	1:42.51	4
34.489 (34.489)	1:09.836 (35.347)	1:42.504 (32.668)	
2 Parker, Blake	11 Newburyport	1:44.18	4
34.188 (34.188)	1:09.961 (35.773)	1:44.173 (34.212)	
3 Murray, Annabel	12 Newburyport	1:45.02	4
34.405 (34.405)	1:10.307 (35.902)	1:45.018 (34.712)	
4 Romano, Anna	11 Triton	1:45.72	3
35.242 (35.242)	1:10.800 (35.558)	1:45.712 (34.912)	
5 McAndrews, Meagan	12 Amesbury	1:48.99	2
38.659 (38.659)	1:14.061 (35.402)	1:48.985 (34.924)	
6 Shearer, Soren	9 Ipswich	1:50.07	2
38.850 (38.850)	1:15.657 (36.807)	1:50.066 (34.410)	
7 Alsup, Lia	12 Pentucket	1:50.70	3
36.226 (36.226)	1:13.471 (37.245)	1:50.693 (37.223)	
8 Prendergast, Danika	9 Triton	1:51.17	3
35.837 (35.837)	1:13.213 (37.376)	1:51.165 (37.953)	
9 Seymour, Brighton	9 Pentucket	1:51.76	3
36.607 (36.607)	1:13.950 (37.344)	1:51.757 (37.807)	
10 Mooradd, Amelia	11 Ipswich	1:52.21	2
39.173 (39.173)	1:16.598 (37.426)	1:52.210 (35.612)	
11 MacKinnon, Caroline	12 Manchester Essex	1:52.97	1
36.052 (36.052)	1:14.497 (38.445)	1:52.964 (38.468)	
12 Donohoe, Cecilia	9 Manchester Essex	1:54.32	1
36.537 (36.537)	1:15.006 (38.469)	1:54.317 (39.312)	
13 Budny, Karleigh	12 North Reading	1:55.83	4
36.022 (36.022)	1:16.972 (40.951)	1:55.828 (38.856)	
14 Manninen, Ella	12 Essex Technical	1:56.48	1
38.277 (38.277)	1:17.649 (39.372)	1:56.475 (38.826)	

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....Girls 600 Meter Run

15	Gay-Killeen, Maecy	8 Triton	2:00.37	3
	38.225 (38.225)	1:18.821 (40.597)	2:00.370 (41.549)	
16	Hoffman, Gwyneth	9 Newburyport	2:00.86	4
	33.807 (33.807)	1:17.924 (44.117)	2:00.860 (42.936)	
17	Sfikas, Despina	10 North Reading	2:02.39	4
	36.549 (36.549)	1:18.932 (42.384)	2:02.381 (43.449)	
18	Fischer, Bella	11 North Reading	2:02.56	4
	36.697 (36.697)	1:18.866 (42.169)	2:02.552 (43.687)	
19	Ishihara, Katherine	10 Amesbury	2:07.27	2
	39.681 (39.681)	1:22.465 (42.784)	2:07.263 (44.798)	
20	Jezowski, Haley	9 Amesbury	2:10.02	2
	41.605 (41.605)	1:25.923 (44.319)	2:10.013 (44.090)	
21	Foresto, Bella	11 Essex Technical	2:16.61	1
	43.233 (43.233)	1:31.089 (47.856)	2:16.607 (45.518)	
22	Galanis, Nina	12 Ipswich	2:20.03	2
	43.220 (43.220)	1:31.123 (47.904)	2:20.028 (48.905)	
23	Borrelli, Ella	12 Pentucket	2:26.34	3
	45.777 (45.777)	1:33.608 (47.832)	2:26.337 (52.729)	
24	Santos, Lorena	10 Essex Technical	2:33.91	1
	47.573 (47.573)	1:39.108 (51.535)	2:33.904 (54.797)	
25	LeBlanc, Cailee	9 Amesbury	2:38.59	2
	46.881 (46.881)	1:40.093 (53.213)	2:38.581 (58.488)	
--	Hilliger, Alexandra	10 Newburyport	X2:05.27	4
	35.692 (35.692)	1:18.431 (42.739)	2:05.268 (46.838)	
--	Rosenthal, Lindsey	10 North Reading	X2:08.45	4
	35.958 (35.958)	1:19.233 (43.276)	2:08.449 (49.216)	
--	Forristall, Madeline	10 North Reading	X2:12.03	4
	38.125 (38.125)	1:23.545 (45.420)	2:12.024 (48.479)	
--	Moore, Josie	10 Newburyport	X2:14.97	4
	38.434 (38.434)	1:25.954 (47.520)	2:14.967 (49.013)	

Girls 1000 Meter Run

Name	Year School	Finals	H#
1 Moore, Violet	12 Newburyport	3:16.42	2
36.037 (36.037)	1:16.501 (40.464)	1:58.023 (41.523)	2:38.701 (40.678)
3:16.415 (37.715)			
2 Butler, Annalise	12 North Reading	3:18.96	2
38.851 (38.851)	1:18.698 (39.848)	1:59.313 (40.616)	2:39.418 (40.105)
3:18.953 (39.536)			
3 Bonasera, Alexa	10 Triton	3:23.20	1
39.114 (39.114)	1:19.421 (40.307)	2:01.619 (42.199)	2:43.934 (42.315)
3:23.191 (39.258)			
4 Geraghty, Ciara	10 Newburyport	3:23.68	2
39.169 (39.169)	1:19.749 (40.581)	2:01.180 (41.431)	2:43.715 (42.536)
3:23.676 (39.961)			
5 Clemente, Sophia	9 Pentucket	3:30.93	1
39.058 (39.058)	1:19.276 (40.219)	2:02.159 (42.884)	2:46.591 (44.432)
3:30.923 (44.332)			
6 Burdick, Sarah	11 Amesbury	3:34.31	2
41.486 (41.486)	1:24.169 (42.684)	2:09.121 (44.952)	2:54.803 (45.683)
3:34.310 (39.508)			

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7 Tessmer, Anna	12 Amesbury	3:35.55	2		
42.569 (42.569)	1:25.030 (42.461)	2:10.105 (45.075)		2:56.313	(46.209)
3:35.541 (39.228)					
8 Falardeau, Dana	12 Ipswich	3:36.29	2		
42.297 (42.297)	1:24.794 (42.497)	2:09.825 (45.031)		2:55.466	(45.642)
3:36.284 (40.818)					
9 Jaworski, Mia	8 Triton	3:37.63	1		
41.190 (41.190)	1:23.878 (42.689)	2:09.604 (45.726)		2:56.349	(46.745)
3:37.629 (41.280)					
10 Kelly, Quinlan	9 North Reading	3:38.35	2		
42.565 (42.565)	1:25.849 (43.284)	2:11.869 (46.021)		2:57.845	(45.976)
3:38.347 (40.502)					
11 Gustafson, Olivia	12 Newburyport	3:39.16	2		
39.564 (39.564)	1:21.149 (41.586)	2:08.423 (47.274)		2:55.470	(47.048)
3:39.156 (43.686)					
12 Cooper, Sabine	10 Manchester Essex	3:39.83	1		
41.742 (41.742)	1:25.162 (43.421)	2:10.869 (45.707)		2:59.135	(48.267)
3:39.822 (40.687)					
13 MacIsaac, Emma	10 Newburyport	3:42.01	2		
41.868 (41.868)	1:25.203 (43.336)	2:11.592 (46.389)		2:59.447	(47.856)
3:42.001 (42.555)					
14 Roche, Cassidy	9 Pentucket	3:44.77	1		
41.410 (41.410)	1:24.195 (42.786)	2:10.151 (45.956)		2:55.916	(45.765)
3:44.768 (48.852)					
15 Espino-Encarnacion, Cynd	11 Essex Technical	3:50.27	1		
41.657 (41.657)	1:24.916 (43.260)	2:10.704 (45.788)		2:59.861	(49.157)
3:50.270 (50.409)					
16 Perron, Kameya	9 Ipswich	3:55.49	2		
42.770 (42.770)	1:27.292 (44.522)	2:17.008 (49.716)		3:10.993	(53.985)
3:55.486 (44.494)					
17 Hanegraaff, Eva	10 North Reading	3:59.40	2		
43.495 (43.495)	1:29.521 (46.026)	2:19.919 (50.399)		3:12.401	(52.483)
3:59.399 (46.998)					
18 Berger, Gwendolyn	10 Manchester Essex	4:12.40	1		
42.280 (42.280)	1:32.858 (50.578)	2:26.652 (53.795)		3:20.788	(54.136)
4:12.398 (51.611)					
19 Giles, Elle	9 Amesbury	4:19.94	2		
48.010 (48.010)	1:39.665 (51.656)	2:34.959 (55.294)		3:26.824	(51.865)
4:19.938 (53.115)					
20 Moberg, Ellie	10 North Reading	4:30.00	2		
48.772 (48.772)	1:40.895 (52.124)	2:36.337 (55.442)		3:33.758	(57.422)
4:29.999 (56.241)					
21 Arcari, Brooke	9 Essex Technical	4:38.25	1		
48.203 (48.203)	1:43.614 (55.412)	2:42.783 (59.169)		3:43.306	(1:00.523)
4:38.247 (54.942)					
22 Zhu, Nicole	9 Amesbury	4:50.24	2		
51.111 (51.111)	1:46.343 (55.232)	2:48.038 (1:01.696)		3:53.732	(1:05.694)
4:50.232 (56.500)					

Girls 1 Mile Run

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1	Butler, Annalise	12 North Reading	5:21.04	2			
	39.932 (39.932)	1:19.363 (39.431)	1:59.560 (40.197)		2:40.364 (40.805)		
	3:22.351 (41.987)	4:04.307 (41.956)	4:44.302 (39.996)		5:21.034 (36.732)		
2	Kelly, Abby	11 Newburyport	5:29.62	2			
	40.197 (40.197)	1:19.656 (39.460)	1:59.896 (40.240)		2:40.792 (40.896)		
	3:22.708 (41.916)	4:04.761 (42.054)	4:47.287 (42.526)		5:29.619 (42.332)		
3	Dalgar, Kaylie	11 Pentucket	5:47.18	1			
	40.098 (40.098)	1:21.451 (41.353)	2:04.539 (43.089)		2:48.747 (44.208)		
	3:33.379 (44.632)	4:19.138 (45.760)	5:04.055 (44.918)		5:47.177 (43.122)		
4	Sullivan, Cambyr	11 Amesbury	5:57.63	2			
	46.352 (46.352)	1:30.084 (43.732)	2:17.227 (47.143)		3:05.408 (48.181)		
	3:52.831 (47.424)	4:39.501 (46.671)	5:21.363 (41.862)		5:57.627 (36.264)		
5	Winthrop, Lucy	10 Ipswich	5:58.23	2			
	45.842 (45.842)	1:29.844 (44.002)	2:16.905 (47.062)		3:05.106 (48.201)		
	3:52.516 (47.410)	4:39.212 (46.697)	5:21.231 (42.019)		5:58.228 (36.998)		
6	McDonald, Maddie	12 Essex Technical	5:59.35	1			
	40.846 (40.846)	1:24.186 (43.340)	2:08.591 (44.406)		2:55.658 (47.067)		
	3:43.418 (47.760)	4:30.447 (47.030)	5:18.037 (47.590)		5:59.344 (41.308)		
7	Tessmer, Anna	12 Amesbury	6:20.42	2			
	46.146 (46.146)	1:30.184 (44.039)	2:17.590 (47.406)		3:05.837 (48.248)		
	3:53.204 (47.367)	4:41.552 (48.349)	5:31.137 (49.585)		6:20.416 (49.279)		
8	Blanchet, Julia	9 Triton	6:29.41	1			
	41.441 (41.441)	1:26.239 (44.799)	2:14.844 (48.605)		3:05.533 (50.689)		
	3:57.475 (51.942)	4:49.110 (51.636)	5:41.175 (52.065)		6:29.407 (48.232)		
9	LaRosa, Maya	10 Newburyport	6:31.26	2			
	47.804 (47.804)	1:35.879 (48.076)	2:27.503 (51.624)		3:19.958 (52.456)		
	4:12.273 (52.316)	5:03.168 (50.895)	5:52.100 (48.933)		6:31.256 (39.156)		
10	Lasson, Ava	11 Newburyport	6:31.49	2			
	48.680 (48.680)	1:36.168 (47.488)	2:27.688 (51.520)		3:20.118 (52.431)		
	4:12.383 (52.265)	5:03.234 (50.852)	5:52.464 (49.230)		6:31.484 (39.021)		
11	Soininen, Brooke	11 Ipswich	6:32.92	2			
	46.763 (46.763)	1:30.639 (43.876)	2:17.960 (47.321)		3:06.576 (48.617)		
	3:55.881 (49.305)	4:49.072 (53.191)	5:42.671 (53.600)		6:32.920 (50.249)		
12	Daignault, Katherine	10 Newburyport	6:35.88	2			
	49.802 (49.802)	1:36.609 (46.808)	2:27.797 (51.188)		3:20.206 (52.409)		
	4:12.502 (52.296)	5:03.532 (51.031)	5:52.668 (49.136)		6:35.880 (43.212)		
13	Tudal, Riley	9 Triton	6:37.70	1			
	40.353 (40.353)	1:27.424 (47.072)	2:19.578 (52.154)		3:10.191 (50.613)		
	4:03.011 (52.820)	4:55.523 (52.512)	5:48.591 (53.069)		6:37.700 (49.109)		
14	Demeo, Summer	10 Manchester Essex	6:39.36	1			
	43.369 (43.369)	1:30.972 (47.604)	2:21.980 (51.008)		3:15.027 (53.047)		
	4:07.283 (52.257)	4:59.380 (52.097)	5:51.211 (51.832)		6:39.357 (48.146)		
15	Adams, Emerson	10 Essex Technical	6:53.92	1			
	46.734 (46.734)	1:37.491 (50.757)	2:31.220 (53.730)		3:24.428 (53.208)		
	4:18.069 (53.641)	5:11.487 (53.418)	6:03.975 (52.489)		6:53.920 (49.945)		
16	Testa, Carly	9 Amesbury	7:02.02	2			
	49.401 (49.401)	1:39.120 (49.719)	2:33.625 (54.506)		3:28.844 (55.220)		
	4:23.937 (55.093)	5:19.614 (55.677)	6:15.960 (56.347)		7:02.014 (46.054)		
17	Lambert, Madeline	10 North Reading	7:02.31	2			
	49.388 (49.388)	1:39.723 (50.336)	2:34.009 (54.287)		3:29.254 (55.245)		
	4:24.465 (55.212)	5:20.023 (55.558)	6:16.285 (56.263)		7:02.301 (46.016)		
18	Muller, Elodie	10 Triton	7:02.76	1			
	42.691 (42.691)	1:34.643 (51.953)	2:29.839 (55.196)		3:24.919 (55.081)		
	4:21.703 (56.784)	5:17.776 (56.073)	6:14.917 (57.141)		7:02.754 (47.837)		

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....Girls 1 Mile Run

19 Kouiroukidis, Vasiliki	9 North Reading	7:36.31	2		
52.640 (52.640)	1:44.779 (52.139)	2:38.688 (53.910)		3:35.574 (56.886)	
4:35.236 (59.663)	5:35.127 (59.891)	6:36.158 (1:01.032)		7:36.303 (1:00.145)	
20 Huynh, Sophia	9 Amesbury	7:56.83	2		
50.011 (50.011)	1:41.022 (51.012)	2:37.711 (56.689)		3:38.436 (1:00.725)	
4:44.046 (1:05.611)	5:52.204 (1:08.159)	6:59.601 (1:07.397)		7:56.825 (57.224)	

Girls 2 Mile Run

Name	Year School	Finals			
1 LaRosa, Hailey	12 Newburyport	11:51.49			
46.917 (46.917)	1:31.991 (45.074)	2:15.830 (43.840)		2:58.486 (42.656)	
3:41.456 (42.971)	4:26.403 (44.947)	5:12.344 (45.941)		5:56.628 (44.285)	
6:40.617 (43.989)	7:25.416 (44.800)	8:11.011 (45.595)		8:56.133 (45.123)	
9:41.553 (45.420)	10:26.229 (44.676)	11:10.526 (44.297)		11:51.486 (40.960)	
2 Dalgard, Kaylie	11 Pentucket	12:27.48			
47.180 (47.180)	1:32.243 (45.064)	2:16.148 (43.905)		2:58.876 (42.728)	
3:41.909 (43.034)	4:26.764 (44.855)	5:12.993 (46.230)		5:58.264 (45.272)	
6:45.312 (47.048)	7:33.250 (47.938)	8:22.272 (49.023)		9:12.616 (50.344)	
10:02.829 (50.214)	10:52.999 (50.170)	11:42.345 (49.347)		12:27.473 (45.128)	
3 Murphy, Libby	12 Pentucket	12:49.03			
48.945 (48.945)	1:35.900 (46.955)	2:23.121 (47.222)		3:10.780 (47.660)	
3:58.811 (48.031)	4:46.936 (48.126)	5:35.600 (48.664)		6:24.462 (48.862)	
7:13.488 (49.027)	8:02.225 (48.737)	8:50.439 (48.214)		9:38.592 (48.153)	
10:27.359 (48.768)	11:16.382 (49.024)	12:04.240 (47.859)		12:49.028 (44.788)	
4 Wallwork, Erin	12 Triton	12:56.58			
47.060 (47.060)	1:32.166 (45.106)	2:15.969 (43.804)		2:58.640 (42.671)	
3:41.627 (42.988)	4:26.546 (44.920)	5:12.649 (46.104)		5:56.999 (44.350)	
6:42.384 (45.386)	7:29.044 (46.660)	8:18.436 (49.392)		9:11.359 (52.924)	
10:05.680 (54.322)	11:02.569 (56.889)	11:59.960 (57.391)		12:56.572 (56.612)	
5 Butler, Annalise	12 North Reading	13:01.94			
50.004 (50.004)	1:37.031 (47.027)	2:24.205 (47.175)		3:13.178 (48.973)	
4:01.941 (48.764)	4:51.532 (49.592)	5:40.599 (49.067)		6:31.621 (51.023)	
7:23.880 (52.260)	8:16.554 (52.674)	9:04.928 (48.374)		9:53.417 (48.490)	
10:41.295 (47.878)	11:30.150 (48.856)	12:18.041 (47.892)		13:01.931 (43.890)	
6 Collins, Ava	10 North Reading	13:20.52			
50.469 (50.469)	1:37.712 (47.243)	2:25.697 (47.986)		3:15.096 (49.399)	
4:05.653 (50.558)	4:56.258 (50.605)	5:47.568 (51.311)		6:38.647 (51.079)	
7:30.268 (51.622)	8:21.862 (51.594)	9:13.691 (51.829)		10:04.734 (51.044)	
10:53.844 (49.110)	11:43.251 (49.408)	12:33.922 (50.672)		13:20.514 (46.592)	
7 Sullivan, Cambyr	11 Amesbury	13:21.80			
51.546 (51.546)	1:40.941 (49.396)	2:31.723 (50.782)		3:24.905 (53.183)	
4:19.344 (54.440)	5:14.188 (54.844)	6:08.152 (53.965)		6:59.192 (51.040)	
7:48.379 (49.187)	8:37.166 (48.788)	9:26.596 (49.430)		10:15.491 (48.896)	
11:03.520 (48.029)	11:53.024 (49.504)	12:41.892 (48.869)		13:21.799 (39.907)	
8 Winthrop, Lucy	10 Ipswich	13:22.90			
51.264 (51.264)	1:40.667 (49.404)	2:31.400 (50.733)		3:24.664 (53.264)	
4:19.016 (54.352)	5:14.028 (55.013)	6:07.896 (53.868)		6:59.861 (51.965)	
7:50.123 (50.262)	8:38.902 (48.780)	9:28.158 (49.256)		10:16.307 (48.149)	
11:05.045 (48.739)	11:53.574 (48.529)	12:42.021 (48.448)		13:22.895 (40.874)	

Cape Ann League Meet #4
The TRACK at New Balance
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....Girls 2 Mile Run

9 Boelke, Lizzy	12 Newburyport	13:25.04		
51.454 (51.454)	1:39.492 (48.039)	2:28.907 (49.415)	3:20.331 (51.424)	
4:11.204 (50.873)	5:01.982 (50.779)	5:53.121 (51.140)	6:42.064 (48.944)	
7:31.586 (49.522)	8:20.528 (48.943)	9:12.380 (51.852)	10:04.061 (51.681)	
10:53.736 (49.675)	11:46.862 (53.127)	12:41.659 (54.797)	13:25.031 (43.372)	
10 Straub, Stella	10 Manchester Essex	13:33.29		
52.127 (52.127)	1:40.909 (48.783)	2:32.084 (51.175)	3:24.856 (52.773)	
4:16.288 (51.432)	5:08.208 (51.921)	6:01.619 (53.411)	6:53.044 (51.425)	
7:44.106 (51.063)	8:36.089 (51.984)	9:27.147 (51.058)	10:17.116 (49.970)	
11:08.549 (51.433)	12:00.352 (51.803)	12:50.323 (49.972)	13:33.289 (42.967)	
11 MacLellan, Callie	10 North Reading	13:58.81		
51.756 (51.756)	1:41.999 (50.243)	2:33.156 (51.157)	3:25.740 (52.584)	
4:19.804 (54.064)	5:13.364 (53.561)	6:06.052 (52.688)	6:59.030 (52.979)	
7:51.796 (52.767)	8:44.893 (53.097)	9:38.353 (53.460)	10:31.952 (53.599)	
11:25.039 (53.088)	12:18.582 (53.544)	13:11.348 (52.766)	13:58.808 (47.461)	
12 Davis, Devon	10 Newburyport	14:02.59		
52.208 (52.208)	1:41.629 (49.421)	2:32.766 (51.137)	3:25.439 (52.673)	
4:19.612 (54.173)	5:14.147 (54.536)	6:08.281 (54.135)	7:01.318 (53.037)	
7:54.684 (53.366)	8:49.447 (54.764)	9:44.743 (55.296)	10:39.872 (55.130)	
11:34.661 (54.789)	12:28.484 (53.824)	13:19.719 (51.235)	14:02.582 (42.864)	
13 Morin, Abby	9 Amesbury	14:15.89		
52.432 (52.432)	1:41.853 (49.421)	2:32.887 (51.034)	3:25.619 (52.732)	
4:19.948 (54.330)	5:14.452 (54.504)	6:08.583 (54.131)	7:00.861 (52.279)	
7:51.947 (51.086)	8:45.156 (53.210)	9:38.842 (53.686)	10:33.365 (54.524)	
11:29.007 (55.642)	12:24.697 (55.691)	13:21.729 (57.032)	14:15.889 (54.160)	
14 Barbera, Olivia	12 Newburyport	14:26.47		
51.841 (51.841)	1:39.881 (48.040)	2:29.232 (49.351)	3:20.995 (51.764)	
4:13.754 (52.760)	5:07.517 (53.764)	6:02.330 (54.813)	6:57.105 (54.776)	
7:53.150 (56.045)	8:49.269 (56.120)	9:45.097 (55.828)	10:42.041 (56.944)	
11:39.262 (57.221)	12:36.700 (57.438)	13:33.653 (56.954)	14:26.469 (52.816)	
15 Love, Collette	11 Ipswich	15:10.91		
52.784 (52.784)	1:44.711 (51.927)	2:36.910 (52.200)	3:32.161 (55.252)	
4:28.989 (56.828)	5:26.829 (57.840)	6:25.018 (58.189)	7:23.235 (58.217)	
8:22.284 (59.050)	9:20.853 (58.569)	10:19.514 (58.661)	11:18.799 (59.285)	
12:17.813 (59.015)	13:17.750 (59.937)	14:17.156 (59.407)	15:10.909 (53.753)	
16 McIntyre, Lily	10 Pentucket	15:26.65		
53.262 (53.262)	1:43.737 (50.476)	2:37.678 (53.941)	3:33.087 (55.409)	
4:28.823 (55.736)	5:26.352 (57.529)	6:24.677 (58.326)	7:22.940 (58.264)	
8:21.969 (59.029)	9:21.302 (59.333)	10:21.418 (1:00.116)	11:22.216 (1:00.799)	
12:23.988 (1:01.772)	13:25.634 (1:01.646)	14:27.589 (1:01.956)	15:26.644 (59.056)	
17 Cacho-Negrete, Sadie	12 Amesbury	17:25.69		
53.052 (53.052)	1:44.588 (51.536)	2:40.955 (56.368)	3:44.170 (1:03.216)	
4:47.188 (1:03.019)	5:53.694 (1:06.506)	7:01.924 (1:08.231)	8:09.280 (1:07.356)	
9:19.589 (1:10.309)	10:29.702 (1:10.113)	11:38.170 (1:08.468)	12:49.059 (1:10.889)	
14:02.342 (1:13.284)	15:13.640 (1:11.298)	16:26.119 (1:12.480)	17:25.688 (59.569)	

Girls 55 Meter Hurdles

Name	Year School	Finals	H#
1 Vant, Madison	11 North Reading	9.11	4
2 Novello, Olivia	12 Ipswich	9.17	2
3 Belanger, Lidya	12 Amesbury	9.46	2
4 Smith, Wynter	10 Pentucket	9.49	3
5 Buchmayr, Lucy	10 Newburyport	9.55	4 9.547

Cape Ann League Meet #4
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....Girls 55 Meter Hurdles

6 McAndrews, Meagan	12 Amesbury	9.55	2	9.548
7 Perron, Kameya	9 Ipswich	9.80	2	
8 Schena, Julia	11 Newburyport	9.89	4	
9 MacLellan, Hayden	10 North Reading	9.94	4	
10 Bucco, Riley	12 Pentucket	10.10	3	
11 Williamson, Lindsey	10 Amesbury	10.27	2	
12 Zimmerman, Katie	9 North Reading	10.37	4	
13 Heintz, Ellie	11 North Reading	10.38	4	
14 Seymour, Brighton	9 Pentucket	10.39	3	
15 Pons, Lilly	11 Newburyport	10.47	4	
16 McClain, Perlita	11 Essex Technical	10.59	1	
17 Steinberg, Hannah	12 Newburyport	10.64	4	
18 MacIntire, Kamryn	10 Amesbury	10.82	2	
19 Shanley, Kiera	8 Triton	11.56	3	11.557
20 Kent, Abigail	9 Manchester Essex	11.56	1	11.560
21 Capillo, Sophia	10 Essex Technical	11.94	1	
22 Crocker, Charlotte	10 Manchester Essex	14.92	1	

Girls 4x200 Meter Relay

School	Finals	H#
1 North Reading	1:48.21	2
1) McIntyre, Ava 12	2) Vant, Madison 11	
3) Budny, Kayla 12	4) Ligor, Giuliana 10	
2 Pentucket	1:48.87	1
1) Trout, Sydney 10	2) Goodwin, Lia 12	
3) Gallant, Reese 12	4) Smith, Sage 12	
3 Triton	1:55.18	1
1) Treitel-poore, Ella 8	2) Amasa-Titus, Janet 12	
3) Pawlick, Summer 8	4) Rivera, Zoe 11	
4 Newburyport	1:55.44	2
1) Bromby, Reese 10	2) Raby, Chloe 9	
3) Buchmayr, Lucy 10	4) Felts, Morgan 10	
5 Ipswich	1:56.70	2
1) Harmon, Lucy 12	2) Novello, Olivia 12	
3) Bruno, Bella 9	4) White, Jenny 10	
6 Amesbury	2:02.05	2
1) Burdick, Sarah 11	2) Williamson, Lindsey 10	
3) Ishihara, Katherine 10	4) Smyth, Jocelyn 11	
7 Manchester Essex	2:16.29	1
1) Eilassen, Caroline 9	2) Zagrobski, Isabel 9	
3) Crocker, Charlotte 10	4) Wendell, Lucia 12	
-- Essex Technical	DQ	1 Pass out of zone
1) Feudo, Olivia 10	2) Visconti, Sofia 11	
3) Kisiel, Nora 10	4) Baker, Jennifer 12	

Girls 4x400 Meter Relay

School	Finals	H#
1 Newburyport	4:16.94	2
1) Shay, Annie 12	2) Murray, Annabel 12	
3) Parker, Blake 11	4) Stroope, Devin 10	
1:04.190 (1:04.190)	2:09.920 (1:05.731)	3:13.326 (1:03.407)
		4:16.934 (1:03.608)

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The TRACK at New Balance
Results

....Girls 4x400 Meter Relay

2 North Reading						4:25.91	2
1) Lamont, Tiara 12				2) DeAngelis, Julia 11			
3) Montana, Marisa 10				4) Arian Aitchison, Madelyn 11			
1:05.994 (1:05.994)	2:14.322	(1:08.329)	3:21.149	(1:06.827)	4:25.907	(1:04.759)	
3 Triton					4:32.37	1	
1) Amasa-Titus, Aleyo 12				2) Basile, Arianna 11			
3) Romano, Anna 11				4) Ewell, Sarah 9			
1:06.555 (1:06.555)	2:13.396	(1:06.841)	3:22.483	(1:09.088)	4:32.368	(1:09.885)	
4 Pentucket					4:36.58	1	
1) Clemente, Sophia 9				2) Grenham, Meaghan 11			
3) Cammett, Cece 10				4) Alsup, Lia 12			
1:06.733 (1:06.733)	2:17.628	(1:10.896)	3:26.880	(1:09.252)	4:36.574	(1:09.695)	
5 Ipswich					4:44.16	2	
1) Pzenny, Chloe 12				2) Mooradd, Amelia 11			
3) Harper, Lily 10				4) Shearer, Soren 9			
1:12.530 (1:12.530)	2:19.606	(1:07.076)	3:31.152	(1:11.547)	4:44.159	(1:13.008)	
6 Manchester Essex					4:52.85	1	
1) Eilassen, Caroline 9				2) McCavanagh, Sylvia 10			
3) Donohoe, Cecilia 9				4) Straub, Stella 10			
1:09.439 (1:09.439)	2:25.957	(1:16.518)	3:37.201	(1:11.245)	4:52.850	(1:15.649)	
7 Essex Technical					4:55.81	1	
1) McDonald, Maddie 12				2) Manninen, Ella 12			
3) Donovan, Mikayla 9				4) Barbosa, Karolyne 10			
1:09.943 (1:09.943)	2:23.161	(1:13.219)	3:46.009	(1:22.848)	4:55.804	(1:09.795)	

Girls High Jump

Name	Year	School	Finals
1 Ligor, Giuliana	10	North Reading	5-02.00
4-02 4-04 4-06 4-08 4-10	5-00 5-02 5-04		
P P O O O O O XXX			
2 Meagher, Delaney	10	Pentucket	J5-02.00
4-02 4-04 4-06 4-08 4-10	5-00 5-02 5-04		
P P O O XO XO XO XXX			
3 Smith, Wynter	10	Pentucket	4-10.00
4-02 4-04 4-06 4-08 4-10	5-00		
P O O XXO O XXX			
4 Gallant, Reese	12	Pentucket	J4-08.00
4-02 4-04 4-06 4-08 4-10			
P P O O P			
5 Pons, Lilly	11	Newburyport	J4-08.00
4-02 4-04 4-06 4-08 4-10			
O XO O O XXX			
5 Schena, Julia	11	Newburyport	J4-08.00
4-02 4-04 4-06 4-08 4-10			
O O XO O XXX			
7 Lilley, Abigail	11	North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10			
P O O XO XXX			
8 Lamont, Tiara	12	North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10			
P O O XXO XXX			

Cape Ann League Meet #4
The TRACK at New Balance
Results

....Girls High Jump

9 MacLellan, Callie	10 North Reading	J4-08.00
4-02 4-04 4-06 4-08 4-10		
O XO O XXO XXX		
10 Romano, Anna	11 Triton	J4-06.00
4-02 4-04 4-06 4-08		
P XO O XXX		
10 Capillo, Sophia	10 Essex Technical	J4-06.00
4-02 4-04 4-06 4-08		
XO O O XXX		
12 Belanger, Lidya	12 Amesbury	J4-06.00
4-02 4-04 4-06 4-08		
P O XO XXX		
12 Novello, Olivia	12 Ipswich	J4-06.00
4-02 4-04 4-06 4-08		
P O XO XXX		
12 Perron, Kameya	9 Ipswich	J4-06.00
4-02 4-04 4-06 4-08		
O O XO XXX		
15 Johnson, Colleen	9 Triton	J4-06.00
4-02 4-04 4-06 4-08		
O O XXO XXX		
16 Brown, Avery	10 Ipswich	J4-04.00
4-02 4-04 4-06		
O O XXX		
17 Smyth, Jocelyn	11 Amesbury	J4-04.00
4-02 4-04 4-06		
O XO XXX		
18 Kent, Abigail	9 Manchester Essex	J4-04.00
4-02 4-04 4-06		
O XXO XXX		
18 Murphy, Kayla	10 Pentucket	J4-04.00
4-02 4-04 4-06		
XXO O XXX		
18 Riethmueller, Gabriella	12 Newburyport	J4-04.00
4-02 4-04 4-06		
O XXO XXX		
21 Jezowski, Haley	9 Amesbury	4-02.00
4-02 4-04		
XO XXX		
-- Leahy, Elinor	9 Triton	NH
4-02		
XXX		
-- Zagrobski, Isabel	9 Manchester Essex	NH
4-02		
XXX		
-- Beslagic, Naylani	10 Amesbury	NH
4-02		
XXX		
-- Gallant, Rachel	10 Manchester Essex	NH
4-02		
XXX		

Cape Ann League Meet #4
The TRACK at New Balance
Results

Girls Long Jump

Name	Year	School	Finals	H#
1 Smith, Sage	12	Pentucket	17-02.50	1
16-03.50	17-02.50	16-02.75		
2 McIntyre, Ava	12	North Reading	16-10.00	2
15-07.50	16-06	16-10		
3 Robarts, Georgia	11	North Reading	16-05.75	2
15-07.25	16-05.75	15-10.25		
4 Hurd, Megan	10	Manchester Essex	15-11.50	1
14-10.50	15-01.50	15-11.50		
5 Schena, Julia	11	Newburyport	15-11.25	2
15-11.25	15-09	15-02.50		
6 Budny, Kayla	12	North Reading	15-05.50	2
FOUL	FOUL	15-05.50		
7 Shanahan, Bayleigh	11	Amesbury	15-04.50	2
15-04.50	14-11.75	PASS		
8 Zimmerman, Katie	9	North Reading	15-04.25	2
15-04.25	15-02.50	14-10.50		
9 Baker, Jennifer	12	Essex Technical	14-05.50	1
13-09.50	14-05.50	12-05.50		
10 Smyth, Jocelyn	11	Amesbury	14-04.75	2
FOUL	14-01.75	14-04.75		
11 Mooradd, Amelia	11	Ipswich	14-04.50	2
14-04.50	13-02.25	13-06		
12 Trout, Morgan	10	Pentucket	14-02.50	1
14-02.50	FOUL	13-06.75		
13 Bethmann, Emily	10	Pentucket	14-00.00	1
13-10.50	13-10.75	14-00		
14 Perron, Decha	12	Ipswich	13-11.00	2
13-03.50	13-11	FOUL		
15 Buchmayr, Lucy	10	Newburyport	13-08.75	2
11-11.75	FOUL	13-08.75		
16 Pons, Lilly	11	Newburyport	13-07.50	2
FOUL	13-06.50	13-07.50		
17 Williamson, Lindsey	10	Amesbury	13-06.25	2
13-06.25	FOUL	13-06.25		
18 Treitel-poore, Ella	8	Triton	13-06.00	1
12-05.25	FOUL	13-06		
19 Ewell, Sarah	9	Triton	13-05.00	1
FOUL	13-00.50	13-05		
20 Basile, Arianna	11	Triton	13-03.75	1
13-03.75	13-00	12-09		
21 Cowles, Emma	11	Newburyport	13-02.25	2
12-03	13-02.25	12-06		
22 Kelly, Claire	10	Ipswich	13-01.00	2
12-10.75	13-01	12-09.75		
23 Capillo, Sophia	10	Essex Technical	12-00.50	1
12-00.50	11-04.75	11-03.50		
24 White, Jenny	10	Ipswich	11-10.75	2
11-08.25	10-03.50	11-10.75		
25 Feudo, Olivia	10	Essex Technical	11-05.75	1
11-05.75	11-02.25	FOUL		
26 Crocker, Charlotte	10	Manchester Essex	11-01.50	1
FOUL	11-01.50	FOUL		

Cape Ann League Meet #4
The TRACK at New Balance
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Girls Triple Jump

Name	Year	School	Finals
1 Budny, Kayla	12	North Reading	35-00.00
FOUL 33-10 35-00			
2 Robarts, Georgia	11	North Reading	33-00.50
32-06.50 FOUL 33-00.50			
3 Hurd, Megan	10	Manchester Essex	32-06.00
FOUL 31-02 32-06			
4 Bethmann, Emily	10	Pentucket	32-02.00
31-07.50 31-09 32-02			

Girls Shot Put

Name	Year	School	Finals	H#
1 Abbatessa, Maci	11	Essex Technical	31-11.50	1
31-11.50 31-04 30-00				
2 Bucco, Riley	12	Pentucket	29-11.00	1
29-11 28-02 28-10				
3 Belanger, Lidya	12	Amesbury	29-04.00	2
29-04 27-07.50 27-07				
4 Vant, Madison	11	North Reading	29-02.00	2
27-09.50 29-02 28-09				
5 McAndrews, Meagan	12	Amesbury	28-06.00	2
27-07.50 28-06 28-02				
6 LeBlanc, Alexis	10	Amesbury	26-09.50	2
25-07 24-01 26-09.50				
7 Goodwin, Lia	12	Pentucket	26-06.00	1
26-06 24-09.50 26-01.50				
8 Mini, Sabrina	11	North Reading	J26-06.00	2
26-06 24-08 24-07				
9 Sullivan, Lillian	11	Essex Technical	26-00.00	1
24-04.50 26-00 24-11				
10 Morrissey, Nieve	12	Newburyport	25-09.50	2
25-09.50 25-01 24-11				
11 Lilley, Abigail	11	North Reading	25-02.50	2
23-08 FOUL 25-02.50				
12 Doucet, Bree	9	Ipswich	24-03.00	2
24-03 22-01 22-10				
13 Cole, London	9	Triton	23-11.00	1
22-02 22-00 23-11				
14 Rikkola, Melina	12	Essex Technical	23-04.50	1
22-09.50 23-04.50 21-10				
15 Alsup, Lia	12	Pentucket	23-02.50	1
22-11 23-00 23-02.50				
16 Daigle, Grace	10	Newburyport	23-01.00	2
20-08 21-02.50 23-01				
17 Dowell, Kiera	11	Newburyport	22-11.00	2
22-06 22-11 22-02.50				
18 Baker, Mallorie	11	Essex Technical	22-03.50	1
20-09 22-03.50 21-05.50				
19 Kent, Abigail	9	Manchester Essex	22-01.50	1
22-01.50 19-09.50 20-07				
20 Bleichfeld, Allie	9	Pentucket	21-11.50	1
16-07 21-01 21-11.50				

Cape Ann League Meet #4
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Results

....Girls Shot Put

21 Hickey, Brenna	12 Ipswich	21-01.50	2
21-01.50 20-09.50 19-00			
22 Leydon, Sasha	11 Newburyport	20-11.00	2
18-06 20-11 20-01			
23 Driscoll, Olivia	9 Ipswich	20-10.00	2
20-00.50 19-07 20-10			
24 Bornstein, Miriana	9 North Reading	19-11.00	2
FOUL 17-09 19-11			
25 Demeo, Summer	10 Manchester Essex	19-10.00	1
18-08.50 17-06 19-10			
26 Dollas, Emma	11 Amesbury	19-01.00	2
18-06 19-01 18-11.50			
27 Carmody, Isabella	9 Triton	17-01.00	1
16-07 17-01 15-08			
28 Wendell, Lucia	12 Manchester Essex	16-06.50	1
16-06.50 16-05 15-11			
29 Berger, Gwendolyn	10 Manchester Essex	12-08.50	1
12-08.50 11-08 12-03.50			