

**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**Boys 55 M Dash**

Name	Year	School	Finals	H#
Finals				
1 Spaulding, Joel	12	Pentucket	6.67	1
2 Cucciniello, Joe	12	Lynnfield	6.90	3
3 Evans, Seth	10	North Reading	6.97	2
4 Coco, Michael	10	Triton	7.00	2
5 Torres, Jayden	11	Triton	7.03	2
6 Miller, Kieran	11	North Reading	7.05	2 7.043
7 Beard, Teremun	12	Essex Technical	7.05	1 7.047
8 Hight, William	11	Triton	7.07	2 7.066
9 Schifano, Noah	12	North Reading	7.07	2 7.070
10 Rizzo, Craig	11	Essex Technical	7.16	1
11 Dennis, Kade	12	Pentucket	7.17	1 7.165
12 Lee, Anthony	10	Pentucket	7.17	1 7.167
13 Morgan, Charles	11	Lynnfield	7.18	3 7.175
14 Dorman, Jesse	11	Lynnfield	7.18	3 7.178
15 Capone, Pace	10	Ipswich	7.30	4
16 Harrington, Louis	10	Ipswich	7.36	4
17 Creilsen, Jack	11	Hamilton-Wenham	7.40	3
18 Clements, Nicholas	11	Manchester Essex	7.44	4
19 Longo, Max	10	Ipswich	7.46	4
20 Adametz, Quinn	11	Essex Technical	7.49	1
21 Ducott, Nate	9	Triton	7.50	2
22 King, Wyatt	11	Ipswich	7.53	4 7.526
23 DeSouza, Caleb	9	North Reading	7.53	2 7.529
24 Reid, Brynijar	11	Hamilton-Wenham	7.55	3
25 Meisner, Caleb	12	Pentucket	7.68	1
26 Keve, William	12	Essex Technical	7.95	1
27 Ahn, Yu Chan	9	Hamilton-Wenham	8.14	3
28 Meneze, Yanni	9	Lynnfield	8.30	3

**Boys 300 M Dash**

Name	Year	School	Finals	H#
1 Gardner, Nate	12	Manchester Essex	37.12	7
2 Macleod, Gabriel	10	Pentucket	38.22	2
3 Coco, Michael	10	Triton	38.53	4
4 Abt, Sam	12	Triton	38.58	3
5 DuPriest, Tanner	11	North Reading	38.92	4
6 Lee, Anthony	10	Pentucket	39.05	1
7 Cucciniello, Joe	12	Lynnfield	39.11	6
8 Monahan, Brandon	11	Ipswich	39.29	7
9 Nickerson, Torin	11	North Reading	39.50	3
10 Hight, William	11	Triton	39.72	4
11 Post-Montjoie, Adam	12	Pentucket	39.84	2
12 Norton, Ben	12	Triton	40.15	3
13 Harrington, Louis	10	Ipswich	40.29	7
14 Creilsen, Jack	11	Hamilton-Wenham	40.40	6
15 Thomas, Cole	12	Ipswich	40.80	7
16 Foley, Jack	12	Pentucket	40.95	1
17 Wesley, Jackson	11	North Reading	41.14	3
18 Morgan, Charles	11	Lynnfield	42.05	6
19 Burns, Chris	12	Ipswich	42.12	7

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20 Johnson, Nicolas	11 North Reading	42.48	4
21 Groussis, Nicholas	11 Lynnfield	43.70	5
22 Cusick, Aiden	10 Essex Technical	44.19	1
23 Breed, Nathaniel	11 Hamilton-Wenham	44.43	6
24 Ahn, Yu Chan	9 Hamilton-Wenham	45.40	5
25 Landry, Matthew	10 Essex Technical	46.01	2
26 Gallo, Jaydin	10 Essex Technical	48.34	1
27 Chruniak, Matthew	10 Essex Technical	50.04	2
-- Huang, Hugo	10 Triton	X42.07	3 JV
-- Bonasera, Nicolas	11 Triton	X42.21	4 JV
-- Trentsch, Brendan	9 North Reading	X42.47	3 JV
-- Meisner, Caleb	12 Pentucket	X43.27	2 JV
-- Tauro, Mason	10 North Reading	X44.89	4 JV
-- Bounsy, Tanner	12 Pentucket	X45.47	1 JV

**Boys 600 M Run**

Name	Year School	Finals	H#
1 Brady, Gavin	10 North Reading	1:30.38	2
28.255 (28.255)	59.706 (31.452)	1:30.377 (30.672)	
2 Doherty, Andrew	12 Triton	1:33.00	2
28.373 (28.373)	59.962 (31.589)	1:32.995 (33.033)	
3 Jones, Isaac	11 Hamilton-Wenham	1:34.78	3
30.015 (30.015)	1:01.597 (31.582)	1:34.772 (33.176)	
4 Joss-Green, Peter	12 Ipswich	1:35.11	4
30.018 (30.018)	1:02.596 (32.578)	1:35.102 (32.507)	
5 Lyman, Jack	11 Triton	1:35.99	2
28.721 (28.721)	1:01.217 (32.496)	1:35.986 (34.769)	
6 Moriarty, Aidan	11 Triton	1:36.47	2
29.543 (29.543)	1:01.477 (31.934)	1:36.468 (34.992)	
7 Hosman, Tighe	12 Pentucket	1:36.72	1
31.368 (31.368)	1:04.124 (32.756)	1:36.719 (32.596)	
8 Chan, Davius	12 Lynnfield	1:39.28	3
30.546 (30.546)	1:02.682 (32.136)	1:39.277 (36.595)	
9 Quan, Ethan	10 North Reading	1:40.60	2
29.192 (29.192)	1:02.574 (33.383)	1:40.596 (38.022)	
10 Regan, Ryan	9 Hamilton-Wenham	1:41.05	3
31.285 (31.285)	1:04.523 (33.239)	1:41.045 (36.522)	
11 Heanue, Sam	11 Manchester Essex	1:41.25	4
31.661 (31.661)	1:05.838 (34.177)	1:41.243 (35.405)	
12 Baise, Nate	12 Ipswich	1:42.06	4
31.268 (31.268)	1:05.211 (33.944)	1:42.060 (36.850)	
13 Kerr, Colin	12 Essex Technical	1:42.87	1
31.794 (31.794)	1:06.319 (34.525)	1:42.867 (36.548)	
14 Murphy, Michael	11 Lynnfield	1:44.65	3
32.007 (32.007)	1:06.315 (34.308)	1:44.642 (38.327)	
15 Wright, Finn	10 Ipswich	1:46.58	4
32.586 (32.586)	1:08.698 (36.112)	1:46.580 (37.882)	
16 Kercher, Tim	12 Ipswich	1:46.63	4
33.622 (33.622)	1:09.808 (36.186)	1:46.622 (36.815)	
17 Hunt, Elias	12 North Reading	1:47.05	2
29.297 (29.297)	1:04.488 (35.191)	1:47.041 (42.553)	
18 Silverstein, Robert	11 Manchester Essex	1:48.03	4
37.615 (37.615)	1:14.288 (36.673)	1:48.028 (33.741)	

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**....Boys 600 M Run**

19 Clark, Timothy	10 Triton	1:49.18	2
32.517 (32.517)	1:09.477 (36.961)	1:49.174 (39.697)	
20 Greene, Calvin	10 Pentucket	2:05.76	1
36.104 (36.104)	1:18.402 (42.298)	2:05.756 (47.355)	
21 Waldron, Kenneth	9 Lynnfield	2:06.07	3
33.154 (33.154)	1:13.798 (40.645)	2:06.070 (52.272)	
22 Rodi, Oliver	11 Manchester Essex	2:10.22	4
35.494 (35.494)	1:20.240 (44.747)	2:10.216 (49.976)	

**Boys 1000 M Run**

Name	Year School	Finals	H#
1 MacDonald, Duncan	12 Triton	2:46.99	2
29.986 (29.986)	1:03.115 (33.130)	1:39.023 (35.908)	2:16.247 (37.224)
2:46.987 (30.740)			
2 Lamont, Logan	12 North Reading	2:48.53	2
29.671 (29.671)	1:02.825 (33.155)	1:38.753 (35.928)	2:17.080 (38.328)
2:48.526 (31.446)			
3 Beauparlant, Jackson	11 Pentucket	2:49.19	1
34.582 (34.582)	1:09.825 (35.244)	1:44.699 (34.874)	2:18.103 (33.404)
2:49.185 (31.083)			
4 Regan, James	11 Hamilton-Wenham	2:50.84	1
32.966 (32.966)	1:08.547 (35.582)	1:44.244 (35.697)	2:18.395 (34.152)
2:50.832 (32.437)			
5 Regan, Cole	9 Hamilton-Wenham	2:54.69	1
34.845 (34.845)	1:10.105 (35.260)	1:44.979 (34.874)	2:19.657 (34.679)
2:54.687 (35.030)			
6 Martis, Bryce	12 Triton	2:59.51	2
33.444 (33.444)	1:08.372 (34.928)	1:45.466 (37.094)	2:25.682 (40.216)
2:59.502 (33.820)			
7 Smith, Fin	12 Essex Technical	3:04.86	1
33.386 (33.386)	1:09.231 (35.846)	1:46.944 (37.713)	2:27.085 (40.141)
3:04.860 (37.776)			
8 Glidden, Seth	9 Hamilton-Wenham	3:04.92	1
35.287 (35.287)	1:12.284 (36.998)	1:51.273 (38.989)	2:30.563 (39.291)
3:04.914 (34.351)			
9 Wilt, Lucas	12 Ipswich	3:05.88	2
33.966 (33.966)	1:08.841 (34.876)	1:46.923 (38.082)	2:28.461 (41.539)
3:05.879 (37.418)			
10 Remignanti, Jonah	11 Triton	3:06.84	2
32.490 (32.490)	1:07.774 (35.284)	1:46.372 (38.599)	2:27.025 (40.653)
3:06.835 (39.810)			
11 Fogarty, Thomas	11 Essex Technical	3:07.96	1
35.314 (35.314)	1:11.803 (36.489)	1:50.930 (39.128)	2:29.675 (38.745)
3:07.956 (38.282)			
12 Norton, Zane	11 Ipswich	3:08.02	2
34.727 (34.727)	1:10.213 (35.487)	1:49.335 (39.122)	2:31.556 (42.222)
3:08.011 (36.456)			
13 Jorda, Gerard	10 North Reading	3:09.21	2
34.101 (34.101)	1:09.404 (35.304)	1:48.251 (38.848)	2:29.607 (41.356)
3:09.203 (39.596)			
14 Madruga, Jeffrey	11 Essex Technical	3:09.29	1
35.351 (35.351)	1:13.536 (38.185)	1:53.352 (39.816)	2:34.074 (40.722)
3:09.281 (35.208)			

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15 Wright, Grayden	9 Pentucket	3:10.48	1		
35.829 (35.829)	1:12.795 (36.966)	1:52.571 (39.776)		2:33.158 (40.588)	
3:10.480 (37.323)					
16 Wright, Connor	10 Ipswich	3:13.70	2		
33.923 (33.923)	1:09.279 (35.357)	1:48.729 (39.450)		2:32.082 (43.353)	
3:13.696 (41.615)					
17 DiGangi, Brian	11 Lynnfield	3:36.41	1		
40.281 (40.281)	1:23.992 (43.712)	2:11.271 (47.279)		2:56.107 (44.836)	
3:36.402 (40.296)					
18 Ala, Matthew	9 Manchester Essex	3:53.51	2		
38.471 (38.471)	1:22.571 (44.100)	2:13.373 (50.802)		3:06.274 (52.901)	
3:53.509 (47.236)					
19 Porter, Bryce	8 Triton	4:00.24	2		
40.647 (40.647)	1:27.332 (46.686)	2:20.619 (53.287)		3:15.187 (54.569)	
4:00.240 (45.053)					

**Boys 1 Mile Run**

Name	Year School	Finals	H#		
1 Rich, Ben	11 Hamilton-Wenham	4:53.88	1		
34.632 (34.632)	1:10.477 (35.846)	1:46.529 (36.052)		2:23.639 (37.110)	
3:01.027 (37.388)	3:40.083 (39.056)	4:17.160 (37.077)		4:53.877 (36.717)	
2 Regan, Cole	9 Hamilton-Wenham	4:53.92	1		
36.576 (36.576)	1:11.457 (34.882)	1:47.433 (35.976)		2:24.351 (36.919)	
3:01.758 (37.408)	3:40.525 (38.768)	4:17.507 (36.982)		4:53.920 (36.413)	
3 Regan, James	11 Hamilton-Wenham	4:53.96	1		
34.773 (34.773)	1:10.629 (35.856)	1:46.846 (36.218)		2:23.935 (37.089)	
3:01.330 (37.396)	3:40.249 (38.919)	4:17.181 (36.932)		4:53.951 (36.771)	
4 O'Hara, Finn	12 Manchester Essex	4:56.04	2		
37.403 (37.403)	1:15.584 (38.182)	1:53.955 (38.372)		2:31.818 (37.863)	
3:09.384 (37.567)	3:46.761 (37.377)	4:23.952 (37.192)		4:56.033 (32.081)	
5 Lations, Charlie	12 Manchester Essex	4:56.26	2		
37.084 (37.084)	1:14.283 (37.200)	1:52.197 (37.914)		2:30.161 (37.964)	
3:07.970 (37.809)	3:45.939 (37.970)	4:22.864 (36.925)		4:56.258 (33.394)	
6 Lyon, Zach	12 Triton	4:59.50	2		
37.396 (37.396)	1:14.599 (37.204)	1:52.580 (37.981)		2:30.881 (38.301)	
3:08.345 (37.464)	3:46.363 (38.018)	4:23.968 (37.606)		4:59.499 (35.531)	
7 McBee, Cassidy	9 Triton	5:09.72	2		
38.003 (38.003)	1:15.907 (37.904)	1:54.726 (38.820)		2:34.090 (39.364)	
3:13.481 (39.392)	3:53.459 (39.979)	4:33.211 (39.752)		5:09.715 (36.505)	
8 Wilt, Lucas	12 Ipswich	5:17.90	2		
37.819 (37.819)	1:16.483 (38.664)	1:56.383 (39.900)		2:37.551 (41.168)	
3:19.176 (41.626)	4:00.275 (41.099)	4:40.951 (40.676)		5:17.899 (36.948)	
9 Hannula, Zack	10 Pentucket	5:20.08	1		
36.468 (36.468)	1:13.540 (37.072)	1:54.793 (41.254)		2:36.678 (41.885)	
3:20.498 (43.820)	4:03.623 (43.125)	4:46.911 (43.288)		5:20.071 (33.160)	
10 Glidden, Seth	9 Hamilton-Wenham	5:20.10	1		
37.622 (37.622)	1:14.781 (37.160)	1:55.154 (40.373)		2:38.062 (42.908)	
3:21.388 (43.326)	4:02.840 (41.452)	4:46.457 (43.617)		5:20.097 (33.641)	
11 Mitasev, Alexander	11 North Reading	5:28.87	2		
38.387 (38.387)	1:16.792 (38.406)	1:57.069 (40.277)		2:38.579 (41.511)	
3:21.069 (42.490)	4:03.923 (42.855)	4:47.831 (43.908)		5:28.869 (41.038)	

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**....Boys 1 Mile Run**

12 Wyatt, James	9 North Reading	5:42.15	2		
39.771 (39.771)	1:19.160 (39.390)	2:01.761 (42.601)		2:46.645 (44.884)	
3:33.565 (46.920)	4:19.223 (45.658)	5:01.415 (42.192)		5:42.142 (40.728)	
13 Foiadelli, Joseph	10 North Reading	5:42.18	2		
39.787 (39.787)	1:19.207 (39.421)	2:01.812 (42.605)		2:46.667 (44.855)	
3:33.503 (46.837)	4:19.491 (45.988)	5:01.743 (42.252)		5:42.173 (40.430)	
14 Bloxham, Luke	10 Essex Technical	5:42.27	1		
39.035 (39.035)	1:19.205 (40.171)	2:02.377 (43.172)		2:46.588 (44.211)	
3:31.571 (44.984)	4:17.523 (45.952)	5:02.791 (45.268)		5:42.266 (39.476)	
15 Eagan, Timothy	11 Essex Technical	5:42.42	1		
36.063 (36.063)	1:12.884 (36.821)	1:54.215 (41.332)		2:38.573 (44.359)	
3:25.470 (46.897)	4:14.601 (49.131)	5:01.673 (47.073)		5:42.416 (40.743)	
16 Murray, Jameson	9 Pentucket	5:42.72	1		
37.089 (37.089)	1:14.956 (37.868)	1:56.732 (41.776)		2:41.985 (45.254)	
3:28.822 (46.837)	4:16.405 (47.583)	5:01.010 (44.606)		5:42.714 (41.704)	
17 Harney, Scott	12 Essex Technical	5:43.58	1		
35.747 (35.747)	1:11.681 (35.935)	1:50.718 (39.037)		2:33.461 (42.744)	
3:18.497 (45.036)	4:06.201 (47.704)	4:56.242 (50.042)		5:43.573 (47.331)	
18 Ferris, Joshua	8 Triton	5:56.02	2		
40.558 (40.558)	1:18.966 (38.408)	2:03.504 (44.539)		2:50.618 (47.114)	
3:37.506 (46.888)	4:22.267 (44.762)	5:07.275 (45.008)		5:56.013 (48.738)	
19 Dynok, Jacob	9 Triton	6:25.49	2		
42.955 (42.955)	1:25.303 (42.349)	2:14.291 (48.988)		3:03.541 (49.250)	
3:54.423 (50.882)	4:46.444 (52.022)	5:38.028 (51.584)		6:25.486 (47.458)	
20 Mahajan, Ritvik	9 Lynnfield	6:32.99	1		
39.296 (39.296)	1:22.390 (43.095)	2:08.882 (46.492)		3:00.345 (51.463)	
3:53.602 (53.258)	4:48.804 (55.202)	5:43.209 (54.406)		6:32.985 (49.776)	
21 Connolly, Adam	12 Essex Technical	6:45.41	1		
38.706 (38.706)	1:18.039 (39.333)	2:03.943 (45.904)		2:56.175 (52.232)	
3:51.201 (55.027)	4:47.691 (56.490)	5:46.330 (58.640)		6:45.409 (59.079)	

**Boys 2 Mile Run**

Name	Year School	Finals			
1 Regan, James	11 Hamilton-Wenham	10:37.81			
40.519 (40.519)	1:18.668 (38.149)	1:58.593 (39.925)		2:38.979 (40.387)	
3:19.967 (40.988)	4:01.279 (41.312)	4:42.334 (41.056)		5:23.476 (41.142)	
6:03.827 (40.352)	6:44.448 (40.621)	7:25.263 (40.816)		8:05.844 (40.581)	
8:45.775 (39.932)	9:25.224 (39.449)	10:04.772 (39.548)		10:37.801 (33.029)	
2 Rich, Ben	11 Hamilton-Wenham	10:37.99			
40.858 (40.858)	1:19.665 (38.807)	1:59.461 (39.796)		2:39.335 (39.875)	
3:20.331 (40.996)	4:01.658 (41.327)	4:42.754 (41.096)		5:23.940 (41.187)	
6:04.142 (40.202)	6:44.812 (40.671)	7:25.692 (40.880)		8:06.183 (40.492)	
8:46.242 (40.060)	9:25.599 (39.357)	10:05.061 (39.462)		10:37.981 (32.920)	
3 Cunha, Christopher	12 Essex Technical	10:39.55			
39.894 (39.894)	1:19.078 (39.184)	1:59.143 (40.066)		2:39.869 (40.726)	
3:20.798 (40.929)	4:02.330 (41.532)	4:43.092 (40.763)		5:24.200 (41.108)	
6:04.542 (40.342)	6:45.135 (40.594)	7:26.090 (40.955)		8:06.492 (40.403)	
8:46.774 (40.282)	9:26.534 (39.760)	10:05.753 (39.220)		10:39.546 (33.794)	
4 MacDonald, Duncan	12 Triton	10:58.50			
41.226 (41.226)	1:21.839 (40.614)	2:01.898 (40.059)		2:43.765 (41.868)	
3:23.965 (40.200)	4:04.545 (40.580)	4:46.053 (41.508)		5:27.810 (41.758)	
6:09.519 (41.709)	6:51.305 (41.786)	7:33.268 (41.964)		8:15.902 (42.634)	
8:57.656 (41.755)	9:39.725 (42.069)	10:20.553 (40.828)		10:58.496 (37.944)	

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5 Tudi, Srivanth	12 Lynnfield	11:12.39		
40.845 (40.845)	1:21.354 (40.510)	2:03.102 (41.748)	2:44.892 (41.791)	
3:24.790 (39.899)	4:04.962 (40.172)	4:46.319 (41.357)	5:28.418 (42.099)	
6:11.745 (43.328)	6:56.542 (44.798)	7:39.804 (43.262)	8:23.441 (43.637)	
9:06.491 (43.051)	9:49.446 (42.955)	10:31.211 (41.766)	11:12.390 (41.179)	
6 McBee, Cassidy	9 Triton	11:21.94		
41.634 (41.634)	1:22.247 (40.614)	2:02.188 (39.941)	2:43.943 (41.756)	
3:24.514 (40.572)	4:04.956 (40.442)	4:46.350 (41.394)	5:28.853 (42.504)	
6:12.518 (43.666)	6:57.197 (44.679)	7:42.907 (45.711)	8:28.613 (45.706)	
9:14.617 (46.004)	10:00.822 (46.206)	10:43.910 (43.088)	11:21.938 (38.028)	
7 Lyon, Zach	12 Triton	11:21.95		
41.428 (41.428)	1:22.173 (40.745)	2:01.462 (39.290)	2:43.484 (42.022)	
3:24.154 (40.670)	4:04.703 (40.550)	4:45.725 (41.022)	5:27.782 (42.057)	
6:11.354 (43.572)	6:56.891 (45.538)	7:41.730 (44.840)	8:27.699 (45.969)	
9:13.687 (45.988)	9:57.786 (44.100)	10:42.897 (45.111)	11:21.948 (39.052)	
8 Regan, Ryan	9 Hamilton-Wenham	11:27.89		
42.389 (42.389)	1:23.348 (40.960)	2:04.874 (41.527)	2:45.742 (40.868)	
3:26.337 (40.596)	4:09.161 (42.824)	4:52.818 (43.658)	5:37.262 (44.444)	
6:22.339 (45.077)	7:08.470 (46.131)	7:54.074 (45.604)	8:38.295 (44.222)	
9:23.978 (45.684)	10:07.688 (43.710)	10:50.645 (42.957)	11:27.881 (37.236)	
9 Stevens, Henry	11 Manchester Essex	11:29.60		
41.873 (41.873)	1:22.582 (40.709)	2:03.423 (40.842)	2:45.505 (42.082)	
3:28.637 (43.132)	4:12.315 (43.679)	4:56.274 (43.959)	5:39.651 (43.378)	
6:23.518 (43.867)	7:07.994 (44.477)	7:53.594 (45.600)	8:38.525 (44.931)	
9:24.324 (45.800)	10:08.189 (43.865)	10:50.946 (42.758)	11:29.597 (38.651)	
10 Baran, Aidan	11 Ipswich	11:33.47		
41.022 (41.022)	1:21.780 (40.758)	2:03.416 (41.636)	2:45.786 (42.370)	
3:28.960 (43.175)	4:12.886 (43.927)	4:57.014 (44.128)	5:41.766 (44.753)	
6:27.127 (45.361)	7:12.728 (45.601)	7:58.728 (46.000)	8:45.827 (47.100)	
9:29.698 (43.871)	10:13.229 (43.532)	10:50.835 (37.607)	11:33.469 (42.634)	
11 Williamson, Thomas	12 Essex Technical	11:48.40		
41.945 (41.945)	1:22.979 (41.035)	2:03.884 (40.905)	2:46.111 (42.228)	
3:29.277 (43.166)	4:14.186 (44.909)	4:59.646 (45.461)	5:43.593 (43.947)	
6:28.398 (44.806)	7:14.967 (46.569)	8:02.021 (47.054)	8:49.090 (47.069)	
9:37.067 (47.978)	10:25.345 (48.278)	11:13.701 (48.356)	11:48.391 (34.691)	
12 Dean, Henry	11 Triton	11:50.38		
41.514 (41.514)	1:22.368 (40.855)	2:03.686 (41.319)	2:46.362 (42.676)	
3:28.917 (42.555)	4:11.675 (42.759)	4:56.023 (44.348)	5:40.882 (44.859)	
6:26.822 (45.940)	7:12.230 (45.408)	7:58.576 (46.347)	8:45.756 (47.180)	
9:33.486 (47.731)	10:22.149 (48.663)	11:09.631 (47.483)	11:50.371 (40.740)	
13 Fabrizio, Cole	10 North Reading	11:57.83		
41.721 (41.721)	1:22.667 (40.947)	2:04.189 (41.522)	2:46.540 (42.352)	
3:29.824 (43.284)	4:13.846 (44.022)	4:58.750 (44.904)	5:44.289 (45.540)	
6:30.501 (46.212)	7:17.671 (47.171)	8:05.414 (47.743)	8:53.539 (48.126)	
9:41.805 (48.266)	10:29.678 (47.873)	11:15.690 (46.013)	11:57.826 (42.136)	
14 Benedict, Nalo	9 North Reading	12:03.35		
39.882 (39.882)	1:19.803 (39.922)	2:01.628 (41.825)	2:45.012 (43.384)	
3:28.727 (43.716)	4:13.664 (44.937)	4:59.242 (45.578)	5:44.436 (45.195)	
6:31.700 (47.264)	7:19.038 (47.339)	8:06.999 (47.961)	8:55.602 (48.604)	
9:44.402 (48.800)	10:32.100 (47.698)	11:19.658 (47.558)	12:03.341 (43.684)	
15 Coppola, Max	10 Pentucket	12:33.36		
42.376 (42.376)	1:23.331 (40.956)	2:05.508 (42.177)	2:48.258 (42.751)	
3:33.333 (45.075)	4:19.706 (46.373)	5:07.752 (48.047)	5:55.958 (48.206)	
6:44.505 (48.548)	7:33.389 (48.884)	8:23.926 (50.538)	9:15.266 (51.340)	
10:07.518 (52.252)	10:58.613 (51.096)	11:49.065 (50.452)	12:33.351 (44.287)	

**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**....Boys 2 Mile Run**

16 Kercher, Tim	12 Ipswich	13:33.72		
43.289 (43.289)	1:25.234 (41.946)	2:09.128 (43.894)	2:54.781 (45.653)	
3:42.481 (47.700)	4:32.269 (49.788)	5:22.600 (50.332)	6:13.931 (51.332)	
7:07.981 (54.050)	8:02.819 (54.839)	8:57.646 (54.828)	9:52.358 (54.712)	
10:47.338 (54.981)	11:43.706 (56.368)	12:41.858 (58.153)	13:33.714 (51.856)	

**Boys 55 M Hurdles**

Name	Year School	Finals	H#
1 Gardner, Nate	12 Manchester Essex	8.27	4
2 Hosman, Tighe	12 Pentucket	8.38	1
3 Pancini, Kaio	11 North Reading	9.02	2
4 Huang, Hugo	10 Triton	9.07	2
5 Johnson, Nicolas	11 North Reading	9.08	2
6 Dick, James	10 Ipswich	9.13	4
7 Groussis, Nicholas	11 Lynnfield	9.20	3
8 Baranetski, Daniil	11 North Reading	9.35	2
9 Corkery, Owen	11 Pentucket	9.60	1
10 Tshimbabme, Ange	10 Ipswich	9.67	4
11 Nickerson, Torin	11 North Reading	9.78	2
12 Jones, Isaac	11 Hamilton-Wenham	9.90	3
13 Chan, Davius	12 Lynnfield	9.93	3
14 Sardinias, Tyler	11 Ipswich	10.20	4
15 Wright, Finn	10 Ipswich	10.57	4
16 Carli, Brendan	11 Essex Technical	10.66	1
17 Keve, William	12 Essex Technical	10.72	1
18 Cusick, Aiden	10 Essex Technical	10.84	1 10.839
19 Murphy, Michael	11 Lynnfield	10.84	3 10.840
20 Silva, Matthew	10 Pentucket	11.03	1
21 Prendergast, Liam	9 Triton	11.05	2
22 Bounsy, Tanner	12 Pentucket	11.38	1
23 Tudi, Srivanth	12 Lynnfield	11.43	3
-- Clark, Brian	11 Triton	DNF	2

**Boys 4x200 M Relay**

School	Finals	H#
1 North Reading	1:35.58	2
1) Miller, Kieran 11	2) DuPriest, Tanner 11	
3) Evans, Seth 10	4) Schifano, Noah 12	
2 Pentucket	1:36.91	1
1) Spaulding, Joel 12	2) Dennis, Kade 12	
3) Foley, Jack 12	4) Wright, Grayden 9	
3 Triton	1:39.27	2
1) Abt, Sam 12	2) Torres, Jayden 11	
3) Ducott, Nate 9	4) Norton, Ben 12	
4 Lynnfield	1:41.89	1
1) Dorman, Jesse 11	2) Morgan, Charles 11	
3) Francis, Ethan 12	4) Cucciniello, Joe 12	
5 Ipswich	1:42.99	2
1) Longo, Max 10	2) King, Wyatt 11	
3) Thomas, Cole 12	4) Capone, Pace 10	
6 Essex Technical	1:44.40	1

**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**....Boys 4x200 M Relay**

1) Beard, Teremun 12	2) Keve, William 12
3) Adametz, Quinn 11	4) Rizzo, Craig 11
7 Hamilton-Wenham	1:46.30 1
1) Cook, McLaren 12	2) Reid, Brynijar 11
3) Breed, Nathaniel 11	4) Creilsen, Jack 11

**Boys 4x400 M Relay**

School	Finals	H#
1 Triton	3:42.94	2
1) Romano, Everett 10	2) MacDonald, Duncan 12	
3) Coco, Michael 10	4) Lyon, Zach 12	
56.807 (56.807)	1:51.396 (54.590) 2:47.425 (56.029)	3:42.934 (55.509)
2 Ipswich	3:47.31	2
1) Monahan, Brandon 11	2) Burns, Chris 12	
3) Joss-Green, Peter 12	4) Tshimbabme, Ange 10	
58.748 (58.748)	1:56.967 (58.220) 2:52.382 (55.415)	3:47.310 (54.928)
3 North Reading	3:48.60	2
1) Brady, Gavin 10	2) Johnson, Nicolas 11	
3) Nickerson, Torin 11	4) Lamont, Logan 12	
54.491 (54.491)	1:53.444 (58.953) 2:50.851 (57.407)	3:48.594 (57.744)
4 Pentucket	3:50.26	1
1) Beuparlant, Jackson 11	2) Macleod, Gabriel 10	
3) Post-Montjoie, Adam 12	4) Wright, Grayden 9	
56.305 (56.305)	1:52.041 (55.736) 2:48.798 (56.758)	3:50.260 (1:01.462)
5 Hamilton-Wenham	3:59.16	1
1) Jones, Isaac 11	2) Regan, Cole 9	
3) Regan, Ryan 9	4) Rich, Ben 11	
59.018 (59.018)	1:58.301 (59.284) 3:01.675 (1:03.374)	3:59.153 (57.478)
6 Essex Technical	4:02.65	1
1) Fogarty, Thomas 11	2) Madruga, Jeffrey 11	
3) Harney, Scott 12	4) Eagan, Timothy 11	
1:01.151 (1:01.151)	2:00.751 (59.600) 3:02.492 (1:01.741)	4:02.645 (1:00.154)
7 Lynnfield	4:23.45	1
1) Waldron, Kenneth 9	2) Murphy, Michael 11	
3) Chan, Davius 12	4) Tudi, Srivanth 12	
1:10.489 (1:10.489)	2:20.083 (1:09.594) 3:22.716 (1:02.633)	4:23.449 (1:00.733)

**Boys High Jump**

Name	Year School	Finals
1 Mendese, Eli	12 Lynnfield	5-08.00
4-10 5-02 5-04 5-06 5-08 5-10		
O O O O O XXX		
2 Romano, Everett	10 Triton	J5-06.00
4-10 5-02 5-04 5-06 5-08		
P O XO O P		
3 Francis, Ethan	12 Lynnfield	J5-06.00
4-10 5-02 5-04 5-06 5-08		
O O O XO XXX		
4 Huang, Hugo	10 Triton	J5-06.00
4-10 5-02 5-04 5-06 5-08		
O XO XXO XO XXX		



**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**....Boys High Jump**

5	Harrington, Louis	10	Ipswich	J5-04.00
	4-10 5-02 5-04 5-06			
	0 0 0 XXX			
6	Lee, Anthony	10	Pentucket	J5-04.00
	4-10 5-02 5-04 5-06			
	0 XO XO XXX			
7	Cook, Benjamin	10	North Reading	J5-04.00
	4-10 5-02 5-04 5-06			
	0 XO XXO XXX			
8	Dorman, Jesse	11	Lynnfield	J5-02.00
	4-10 5-02 5-04			
	0 0 XXX			
9	Mahoney, Michael	11	North Reading	J5-02.00
	4-10 5-02 5-04			
	0 XXO XXX			
10	Cook, McLaren	12	Hamilton-Wenham	J4-10.00
	4-10 5-02			
	0 XXX			
11	Silva, Matthew	10	Pentucket	J4-10.00
	4-10 5-02			
	XXO XXX			
--	Baise, Nate	12	Ipswich	NH
	4-10			
	XXX			
--	Baranetski, Daniil	11	North Reading	NH
	4-10 5-02			
	P XXX			
--	Bounsy, Tanner	12	Pentucket	NH
	4-10			
	XXX			

**Boys Long Jump**

Name	Year	School	Finals	H#
1 DuPriest, Tanner	11	North Reading	18-10.50	2
			18-10.50 18-03.50 18-08.25	
2 Mendese, Eli	12	Lynnfield	18-07.50	1
			18-01 18-07.50 FOUL	
3 Miller, Kieran	11	North Reading	18-05.00	2
			18-02.50 18-05 FOUL	
4 Hight, William	11	Triton	18-02.25	2
			18-02.25 FOUL 17-05	
5 Gardner, Nate	12	Manchester Essex	18-01.00	2
			17-04.50 17-11.25 18-01	
6 Schifano, Noah	12	North Reading	18-00.00	2
			18-00 17-06.50 17-05.25	
7 Tshimbabme, Ange	10	Ipswich	J18-00.00	2
			18-00 16-10.50 17-05	
8 Romano, Everett	10	Triton	17-10.50	2
			FOUL 17-10.50 17-09	
9 Francis, Ethan	12	Lynnfield	17-10.00	1
			17-08.50 17-10 17-07	
10 Brady, Gavin	10	North Reading	17-04.25	2
			17-00 17-04.25 15-11.50	

**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**....Boys Long Jump**

11	Dennis, Kade	12	Pentucket	17-02.25	1
	17-00 16-06.75	17-02.25			
12	Norton, Zane	11	Ipswich	16-08.00	2
	16-07.25 16-08 15-08				
13	Dick, James	10	Ipswich	16-07.75	2
	16-06.25 16-07.75	15-09.50			
14	Foley, Jack	12	Pentucket	16-07.50	1
	16-07.50 14-06	14-11.50			
15	Murphy, Michael	11	Lynnfield	16-02.50	1
	16-02 15-03.50	16-02.50			
16	Ducott, Nate	9	Triton	15-10.50	2
	15-10.50 15-04.25	15-07.75			
17	Reid, Brynjar	11	Hamilton-Wenham	15-05.75	1
	15-05.75 15-00	15-02.25			
18	Clements, Nicholas	11	Manchester Essex	15-02.50	2
	15-02.50 FOUL	14-06			
19	Capone, Pace	10	Ipswich	14-07.00	2
	14-03.75 14-07	13-05.50			
20	Ahn, Yu Chan	9	Hamilton-Wenham	14-03.00	1
	FOUL 14-03	FOUL			
21	Rodi, Oliver	11	Manchester Essex	12-08.75	2
	12-08 12-08.75	12-04			
--	Cook, McLaren	12	Hamilton-Wenham	FOUL	1
	FOUL FOUL FOUL				

**Boys Shot Put**

=====					
Name	Year	School	Finals	H#	
=====					
1	Foley, Josh	12	Pentucket	38-09.00	1
	36-09.50 32-07.25	38-09			
2	Kneeland, Liam	12	Triton	38-08.00	2
	36-11.25 38-08	37-08			
3	Indelicato, Otto	10	North Reading	38-05.00	2
	36-02.50 35-05.50	38-05			
4	DelVecchio, Michael	11	North Reading	37-06.00	2
	FOUL 37-06	FOUL			
5	Romanski, Leonardo	10	North Reading	37-05.00	2
	36-02 36-00.75	37-05			
6	Heanue, Sam	11	Manchester Essex	37-03.25	2
	37-03.25 36-04.50	36-07.25			
7	Keach, Renaud	11	Ipswich	33-11.75	2
	32-01.50 32-04.50	33-11.75			
7	Mutti, Shea	10	Pentucket	33-11.75	1
	30-08 33-03.25	33-11.75			
9	Mendese, Eli	12	Lynnfield	33-03.50	1
	33-03.50 FOUL	32-04.50			
10	Dessources, Benhji	12	Ipswich	33-02.50	2
	33-02.50 32-00.50	32-00.25			
11	Wile, Luke	10	Ipswich	32-09.50	2
	32-09.50 32-00	FOUL			
12	Gilman, Mathew	11	Essex Technical	32-04.00	1
	30-11 32-04	FOUL			
13	O'Donnell, John	11	North Reading	31-11.25	2
	31-11.25 30-04.75	FOUL			

**Cape Ann League Meet #1**  
**The TRACK at new balance**  
**Results**

**....Boys Shot Put**

14 Galuski, Isaac	11 Ipswich	31-09.00	2
31-09 31-01.25 FOUL			
15 Mckiernan, Michael	11 Essex Technical	31-04.75	1
31-04.75 30-01.25 30-05			
16 Murphy, Hudson	12 Triton	30-11.25	2
30-02.50 29-03.50 30-11.25			
17 Kouyoumojian, Jack	11 Lynnfield	30-09.50	1
27-02 30-08 30-09.50			
18 Danehy, Paul	11 Essex Technical	30-07.50	1
29-01.75 30-07.50 30-00.25			
19 Inger, Michael	12 Pentucket	30-06.50	1
27-11.50 30-06.50 28-03.50			
20 Lopilato, Slate	12 Lynnfield	29-09.00	1
29-09 25-11.75 25-09			
21 Delacono, Anthony	10 Pentucket	29-05.75	1
26-10.50 26-05.50 29-05.75			
22 Gosselin, Jaycek	11 Essex Technical	28-01.00	1
26-07.50 28-01 27-00			
23 Duprey, Chris	11 Lynnfield	28-00.00	1
27-03.25 FOUL 28-00			
24 Baum, Martin	11 Hamilton-Wenham	27-10.75	1
27-10.75 FOUL 26-00.50			
25 Landers, Austin	9 Hamilton-Wenham	27-04.75	1
26-02.75 25-07.25 27-04.75			
26 Esker, Harrison	9 Hamilton-Wenham	27-03.75	1
25-01.50 27-03.75 21-04.25			
27 Rodriguez, Jovanni	11 Triton	25-08.50	2
24-11.50 25-04.50 25-08.50			
28 Vashon, Krystopher	11 Triton	24-08.00	2
24-07.50 24-08 22-07.75			