

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

Boys 55 M Dash

Name	Year School	Finals	H#
Finals			
1 Burlak, Leonid	Acton-Boxborough	6.63	1
2 Deane, Max	Boston Latin School	6.72	1
3 Khamitkar, Devesh	Westford Academy	6.73	1
4 Asubonteng, Kofi	Acton-Boxborough	6.77	3
5 Leonardo, Mark	Weston	6.82	1
6 Buonacore, Vinnie	Westford Academy	6.85	1
7 Fredette, Lucas	Waltham	6.86	2
8 Lamarre, Malik	Cambridge Ri	6.88	1 6.873
9 Lago, Noah	Weston	6.88	2 6.874
10 Izzo, Jack	Acton-Boxborough	6.91	2
11 Begic, Nicholas	Lincoln-Sudbury	6.93	1 6.921
12 Milner, Kossi	Cambridge Ri	6.93	2 6.925
13 Withington, Matthew	Acton-Boxborough	6.98	3
14 Adamchek, Christopher	Acton-Boxborough	6.99	2 6.983
15 O'Hearn, Dilan	Westford Academy	6.99	3 6.988
16 Burnett, Nathan	Weston	7.01	5
17 Story, Jason	Westford Academy	7.03	2 7.025
18 Harrild, Jack	Newton South	7.03	2 7.026
19 Cooper-DuPont, Hayden	Boston Latin School	7.04	2 7.033
20 Inuzuka, Matthew	Acton-Boxborough	7.04	3 7.040
21 Gomez, Jaden	Cambridge Ri	7.06	3
22 Zhuang, Chuanxuan	Lincoln-Sudbury	7.07	3
23 Withington, George	Acton-Boxborough	7.08	4
24 Kasanov, Hayden	Weston	7.10	7
25 Tang, Evan	Cambridge Ri	7.16	4 7.154
25 Fox, Noah	Acton-Boxborough	7.16	3 7.154
27 Navas, Diego	Westford Academy	7.16	3 7.157
28 Furlonge, Brendan	Boston Latin School	7.16	4 7.159
29 Johnson, Connor	Lincoln-Sudbury	7.17	4
30 McCue, Aiden	Boston Latin School	7.21	6 7.201
31 Joseph, Vivek	Bedford	7.21	4 7.206
32 Bryden, Nash	Newton South	7.23	6 7.222
33 Cranmore, Austin	Weston	7.23	7 7.223
34 Tenby, Owen	Boston Latin School	7.23	5 7.228
35 Marriott, Josh	Waltham	7.24	4 7.233
36 Foy, Noah	Waltham	7.24	5 7.236
37 Hines, Brendan	Wayland	7.25	5
38 Chisari, Adam	Waltham	7.26	4
39 Moran, Jack	Newton South	7.28	5 7.271
40 Norgaard, Tristan	Wayland	7.28	7 7.272
41 Atkinson, Zion	Concord-Carlisle	7.30	5
42 Jackson, Tyrell	Waltham	7.31	6
43 Joyce, Brendan	Concord-Carlisle	7.37	8 7.369
44 Gallant, Derek	Bedford	7.37	5 7.370
45 Dash, Jesse	Newton South	7.38	6
46 Williams, Avery	Boston Latin School	7.43	9 7.425
47 Alcantara, Neit	Lincoln-Sudbury	7.43	6 7.428
48 Jung, Owen	Newton South	7.47	8
49 Muhammed, Tarik	Weston	7.50	8
50 Ouyang, Matt	Boston Latin School	7.51	6
51 Colon, Juan	Waltham	7.52	6
52 Chabilal Ramos, Elyjah	Concord-Carlisle	7.54	7

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 55 M Dash

53	Wang, Andrew	Westford Academy	7.56	9	
54	Zipes, Sam	Lincoln-Sudbury	7.58	8	
55	Xerras, Luke	Newton South	7.61	11	7.608
56	Toomey, Connor	Lincoln-Sudbury	7.61	11	7.609
57	Waiting, Hudson	Westford Academy	7.62	8	
58	Taylor, Jayden	Wayland	7.63	7	7.621
59	Boyle, Dylan	Waltham	7.63	10	7.625
60	Hauck, Charlie	Boston Latin School	7.63	9	7.626
61	Blair, Richard	Concord-Carlisle	7.64	9	
62	Kuris, Max	Wayland	7.69	8	
63	Anderson, Jared	Bedford	7.70	9	
64	Hall, Gordon	Concord-Carlisle	7.72	9	
65	Zziwa, Mikaya	Lincoln-Sudbury	7.82	8	
66	Nene, Aadit	Bedford	7.85	10	7.843
67	Garvin, Matt	Lincoln-Sudbury	7.85	7	7.850
68	Gavris, Andreas	Weston	7.89	10	
69	Dumoulin, Sebastian	Cambridge Ri	7.98	9	
70	Koni, Ryan	Bedford	8.10	10	
71	Johnson, Mark	Concord-Carlisle	8.19	11	
72	Augustus, Jeremiah	Bedford	8.26	11	
73	Van Houten, Turner	Concord-Carlisle	8.46	10	
74	Comeau, Brennan	Bedford	8.63	11	
75	Pires, Jamari	Concord-Carlisle	8.77	11	
76	Swanson, Ben	Westford Academy	8.95	10	
77	Tao, Robert	Bedford	9.14	11	

Boys 300 M Dash

Name	Year	School	Finals	H#	
1	Burlak, Leonid	Acton-Boxborough	35.67	1	
2	Stegmeier, Noah	Acton-Boxborough	35.71	1	
3	Deane, Max	Boston Latin School	35.73	1	
4	Asubonteng, Kofi	Acton-Boxborough	35.78	1	
5	Bruce-Sanders, Jecon	Cambridge Ri	36.72	1	
6	Peters, Sunil	Waltham	37.32	4	
7	Kasirye, Julian	Acton-Boxborough	37.33	2	
8	Barbieri, Nicolas	Weston	37.35	3	
9	Gatesman, Emerson	Acton-Boxborough	37.46	1	
10	Lamarre, Malik	Cambridge Ri	37.63	2	
11	Oliveri Kuhnle, Matteo	Bedford	37.64	3	
12	Withington, Matthew	Acton-Boxborough	37.76	2	
13	Parados, Zachary	Acton-Boxborough	38.41	2	
14	Buonacore, Vinnie	Westford Academy	38.42	4	
15	Mathew, Jonathan	Newton South	38.47	4	
16	Gomez, Jaden	Cambridge Ri	38.58	3	
17	Thomas, Jasen	Cambridge Ri	38.60	3	
18	Cooper-DuPont, Hayden	Boston Latin School	38.84	5	
19	Furlonge, Brendan	Boston Latin School	39.16	6	
20	Rizza, Sammy	Waltham	39.24	2	
21	D'Souza, Eugene	Newton South	39.32	6	
22	Izzo, Jack	Acton-Boxborough	39.51	2	
23	Raines, Jude	Lincoln-Sudbury	39.56	3	39.553
24	Milner, Kossi	Cambridge Ri	39.56	3	39.557
25	Henry, Miel	Cambridge Ri	39.57	5	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 300 M Dash

26 Giglio-Dirga, Ian	Newton South	39.59	5	
27 Marriott, Josh	Waltham	39.81	6	
28 Cranmore, Austin	Weston	39.87	6	
29 Phelps, Mont	Cambridge Ri	39.99	5	
30 Chisari, Adam	Waltham	40.20	5	
31 Jackson, Tyrell	Waltham	40.28	7	40.279
32 Yong, Zayden	Westford Academy	40.28	9	40.280
33 McCue, Aiden	Boston Latin School	40.33	10	
34 Bello, Matthew	Westford Academy	40.41	9	
35 Longo, Leonardo	Cambridge Ri	40.53	7	
36 Ouyang, Matt	Boston Latin School	40.57	7	
37 Hernandez, Cesar	Concord-Carlisle	40.61	7	
38 Gothie, Max	Lincoln-Sudbury	40.67	4	
39 Johnson, Connor	Lincoln-Sudbury	40.87	4	
40 Boaz, Ethan	Westford Academy	40.89	8	
41 Dowridge, Wilson	Lincoln-Sudbury	40.91	9	
42 Volk, Aidan	Newton South	41.16	8	
43 Keleher, Colin	Boston Latin School	41.35	11	
44 Francois, Karl	Newton South	41.54	7	
45 Hall, Gordon	Concord-Carlisle	41.70	8	
46 Williams, Avery	Boston Latin School	41.71	9	
47 Sternlof, Erik	Newton South	41.97	6	
48 Gavin, Conor	Waltham	42.15	11	
49 Ezrin, Jake	Newton South	42.32	9	42.316
50 Thomas, Jack	Concord-Carlisle	42.32	10	42.319
51 Blair, Richard	Concord-Carlisle	42.55	10	
52 Guo, Gavin	Westford Academy	42.56	7	
53 DeGrenier, Atticus	Wayland	42.68	13	
54 Toomey, Connor	Lincoln-Sudbury	42.70	6	
55 Colon, Juan	Waltham	42.96	11	
56 Crowley, Harry	Concord-Carlisle	43.04	11	
57 Anderson, Jared	Bedford	43.16	11	
58 Ma, Seiji	Concord-Carlisle	43.29	12	
59 Anderson, Jacob	Bedford	43.70	10	
60 Geary, Joshua	Lincoln-Sudbury	44.03	11	
61 Mwebeiha, Isiaih	Weston	44.11	10	
62 Salato, Alessandro	Bedford	45.25	12	
63 Joyce, Brendan	Concord-Carlisle	45.46	8	
64 Bell, Andre	Bedford	46.05	13	
65 Quezada, Cleveland	Weston	46.50	13	
66 Dishnica, Mario	Lincoln-Sudbury	47.65	13	
67 Hauptman, Samir	Lincoln-Sudbury	47.69	12	
68 Brough, Alex	Bedford	48.80	12	
69 Nichols, Rylan	Bedford	49.05	12	
70 Comeau, Cameron	Bedford	1:04.24	13	

Boys 600 M Run

Name	Year	School	Finals	H#
1 Rauch, Carter		Bedford	1:24.04	1
26.334 (26.334)		54.992 (28.659)	1:24.037 (29.045)	
2 Sholk, Ethan		Lincoln-Sudbury	1:25.15	1
26.686 (26.686)		54.491 (27.806)	1:25.144 (30.653)	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 600 M Run

3	Hurlbut-Lesk, William	Acton-Boxborough	1:27.54	1
	28.511 (28.511)	58.158 (29.647)	1:27.533 (29.376)	
4	Verner, Kyle	Acton-Boxborough	1:28.05	1
	27.978 (27.978)	57.465 (29.488)	1:28.041 (30.576)	
5	Cronin, Anthony	Acton-Boxborough	1:28.68	1
	28.810 (28.810)	58.887 (30.078)	1:28.680 (29.793)	
6	Hubbard, Max	Newton South	1:28.85	1
	28.128 (28.128)	57.243 (29.116)	1:28.845 (31.602)	
7	Nawa, Ryuji	Weston	1:29.87	1
	29.202 (29.202)	59.011 (29.809)	1:29.866 (30.856)	
8	Barnett, Beckett	Acton-Boxborough	1:30.37	1
	29.058 (29.058)	59.202 (30.144)	1:30.367 (31.166)	
9	Colombo, Paul	Cambridge Ri	1:31.30	1
	28.573 (28.573)	58.662 (30.089)	1:31.299 (32.637)	
10	Osborn, James	Weston	1:33.16	3
	29.542 (29.542)	1:00.548 (31.006)	1:33.152 (32.604)	
11	Hamilton, Mason	Acton-Boxborough	1:33.26	2
	30.533 (30.533)	1:01.324 (30.791)	1:33.258 (31.935)	
12	Gohlmann, Ryan	Boston Latin School	1:33.90	2
	30.697 (30.697)	1:02.353 (31.657)	1:33.896 (31.543)	
13	Lund, Endy	Waltham	1:34.39	1
	29.357 (29.357)	59.979 (30.623)	1:34.383 (34.404)	
14	Jang, Remy	Lincoln-Sudbury	1:34.91	2
	28.762 (28.762)	1:00.389 (31.627)	1:34.907 (34.519)	
15	Cahill, William	Weston	1:35.31	3
	32.478 (32.478)	1:03.535 (31.057)	1:35.307 (31.772)	
16	Metha, Aarav	Weston	1:35.44	2
	30.309 (30.309)	1:01.885 (31.576)	1:35.436 (33.552)	
17	Blythe, Graham	Newton South	1:36.19	2
	30.746 (30.746)	1:02.487 (31.741)	1:36.190 (33.704)	
18	Calabro, Austin	Concord-Carlisle	1:36.53	4
	30.596 (30.596)	1:03.229 (32.634)	1:36.521 (33.292)	
19	Smith, Conor	Boston Latin School	1:36.58	2
	31.740 (31.740)	1:03.217 (31.478)	1:36.572 (33.355)	
20	Tavares, Nathan	Weston	1:36.67	2
	31.620 (31.620)	1:03.795 (32.176)	1:36.662 (32.868)	
21	Barreto, Nathan	Westford Academy	1:36.83	2
	30.992 (30.992)	1:03.133 (32.142)	1:36.826 (33.693)	
22	DiSano, Leo	Bedford	1:37.28	2
	31.325 (31.325)	1:03.693 (32.369)	1:37.277 (33.584)	
23	Dickie, Jackson	Weston	1:39.29	3
	33.238 (33.238)	1:06.539 (33.301)	1:39.287 (32.748)	
24	Boyd, Sondai	Boston Latin School	1:39.94	3
	29.969 (29.969)	1:04.541 (34.572)	1:39.938 (35.398)	
25	Currier, Paul	Boston Latin School	1:40.73	3
	33.483 (33.483)	1:07.227 (33.744)	1:40.729 (33.503)	
26	Chand, Sarun	Newton South	1:41.19	3
	33.521 (33.521)	1:07.721 (34.200)	1:41.189 (33.468)	
27	Rivier, Alexan	Concord-Carlisle	1:41.92	4
	31.993 (31.993)	1:05.070 (33.078)	1:41.917 (36.847)	
28	Sebastianelli, Giovanni	Wayland	1:43.20	4
	32.509 (32.509)	1:08.681 (36.173)	1:43.194 (34.513)	
29	Booth, Max	Concord-Carlisle	1:44.19	4
	32.379 (32.379)	1:06.877 (34.499)	1:44.184 (37.307)	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 600 M Run

30 Klumb, Maximilian	Cambridge Ri	1:44.42	3
33.941 (33.941)	1:08.402 (34.462)	1:44.418 (36.016)	
31 Noh, Michael	Bedford	1:44.54	4
32.860 (32.860)	1:08.128 (35.268)	1:44.537 (36.410)	
32 Langan, Connor	Wayland	1:46.73	4
33.524 (33.524)	1:10.600 (37.076)	1:46.721 (36.122)	
33 Fallace, Morgan	Wayland	1:47.61	4
32.837 (32.837)	1:10.355 (37.519)	1:47.606 (37.252)	
34 Wang, Andrew	Westford Academy	1:49.06	3
32.505 (32.505)	1:08.266 (35.762)	1:49.056 (40.790)	
35 Holland, Kai	Bedford	1:49.93	4
33.197 (33.197)	1:09.837 (36.641)	1:49.927 (40.090)	
36 Garvin, Matt	Lincoln-Sudbury	1:51.69	3
34.177 (34.177)	1:09.613 (35.436)	1:51.690 (42.078)	
37 Markey, Jamie	Wayland	1:54.35	4
33.753 (33.753)	1:13.190 (39.437)	1:54.348 (41.158)	
38 Mitchell, Joshua	Lincoln-Sudbury	1:54.42	4
33.725 (33.725)	1:13.541 (39.816)	1:54.415 (40.874)	
39 Kushal, Paul	Lincoln-Sudbury	1:54.86	4
33.245 (33.245)	1:11.376 (38.132)	1:54.851 (43.476)	

Boys 1000 M Run

Name	Year School	Finals	H#
1 Raina, Ajay	Acton-Boxborough	2:32.87	1
28.691 (28.691)	59.454 (30.764)	1:31.370 (31.916)	
2:32.864 (29.534)			2:03.330 (31.960)
2 Fisher, Colin	Boston Latin School	2:33.45	1
30.366 (30.366)	1:01.356 (30.990)	1:33.026 (31.671)	
2:33.446 (29.081)			2:04.365 (31.340)
3 Sholk, Ethan	Lincoln-Sudbury	2:36.25	1
30.129 (30.129)	1:01.050 (30.922)	1:32.713 (31.664)	
2:36.249 (31.805)			2:04.445 (31.732)
4 Fitzgibbon, Liam	Boston Latin School	2:40.12	1
31.389 (31.389)	1:02.599 (31.210)	1:34.642 (32.044)	
2:40.117 (32.331)			2:07.787 (33.145)
5 Bronstein, Daniel	Cambridge Ri	2:41.50	1
31.803 (31.803)	1:05.133 (33.330)	1:38.669 (33.536)	
2:41.496 (29.936)			2:11.560 (32.892)
6 Demie, Nebiyu	Cambridge Ri	2:41.56	1
32.410 (32.410)	1:05.707 (33.297)	1:38.985 (33.279)	
2:41.557 (30.070)			2:11.488 (32.503)
7 Lin, Chris	Acton-Boxborough	2:45.46	1
32.448 (32.448)	1:06.067 (33.620)	1:38.673 (32.607)	
2:45.458 (33.586)			2:11.873 (33.200)
8 Tutun, Jack	Weston	2:45.71	2
31.352 (31.352)	1:04.275 (32.924)	1:38.083 (33.808)	
2:45.708 (33.810)			2:11.899 (33.816)
9 MacDonald, Charles	Concord-Carlisle	2:46.15	2
31.699 (31.699)	1:05.427 (33.728)	1:40.462 (35.036)	
2:46.149 (31.685)			2:14.464 (34.003)
10 Anstey, William	Concord-Carlisle	2:46.19	1
32.039 (32.039)	1:06.970 (34.932)	1:42.357 (35.387)	
2:46.187 (30.673)			2:15.514 (33.158)

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 1000 M Run

11	Berthold, Nick	Westford Academy	2:46.45	2		
	31.508 (31.508)	1:04.767 (33.259)	1:40.091 (35.325)		2:14.778 (34.687)	
	2:46.443 (31.666)					
12	Healy, Liam	Newton South	2:47.35	1		
	32.233 (32.233)	1:06.549 (34.316)	1:41.586 (35.038)		2:16.832 (35.246)	
	2:47.341 (30.510)					
13	Rojas-Pratt, Alejandro S	Cambridge Ri	2:47.86	1		
	32.805 (32.805)	1:06.996 (34.192)	1:41.805 (34.810)		2:16.680 (34.875)	
	2:47.855 (31.176)					
14	Tavares, Ben	Weston	2:49.34	1		
	33.099 (33.099)	1:06.700 (33.601)	1:41.861 (35.162)		2:17.054 (35.193)	
	2:49.336 (32.282)					
15	Mileguir, Alon	Newton South	2:49.72	1		
	33.000 (33.000)	1:07.255 (34.256)	1:40.791 (33.536)		2:16.014 (35.224)	
	2:49.717 (33.703)					
16	Jang, Remy	Lincoln-Sudbury	2:49.74	2		
	32.917 (32.917)	1:06.719 (33.802)	1:42.064 (35.346)		2:17.408 (35.344)	
	2:49.735 (32.327)					
17	Healy, Cormac	Newton South	2:49.84	2		
	31.850 (31.850)	1:05.646 (33.796)	1:40.867 (35.222)		2:17.015 (36.148)	
	2:49.839 (32.825)					
18	Gebretsadik, Caleb	Cambridge Ri	2:51.74	2		
	32.674 (32.674)	1:06.311 (33.638)	1:41.632 (35.321)		2:17.167 (35.536)	
	2:51.731 (34.564)					
19	Maqtedar, Akhilesh	Acton-Boxborough	2:51.90	2		
	32.442 (32.442)	1:06.388 (33.947)	1:41.724 (35.336)		2:17.716 (35.992)	
	2:51.893 (34.177)					
20	Brosgol, Oren	Bedford	2:52.04	3		
	31.600 (31.600)	1:07.228 (35.628)	1:44.563 (37.336)		2:20.407 (35.844)	
	2:52.040 (31.633)					
21	Quinn, Liam	Concord-Carlisle	2:52.41	2		
	33.356 (33.356)	1:08.270 (34.914)	1:44.143 (35.874)		2:21.867 (37.724)	
	2:52.403 (30.537)					
22	Bout, Sawyer	Concord-Carlisle	2:52.85	2		
	33.841 (33.841)	1:09.108 (35.268)	1:44.283 (35.176)		2:19.063 (34.780)	
	2:52.849 (33.786)					
23	Prior, Jonah	Boston Latin School	2:53.65	2		
	32.051 (32.051)	1:05.847 (33.796)	1:41.328 (35.481)		2:18.163 (36.835)	
	2:53.646 (35.484)					
24	Zhu, Austin	Boston Latin School	2:53.78	2		
	33.168 (33.168)	1:07.292 (34.124)	1:42.765 (35.473)		2:19.450 (36.685)	
	2:53.771 (34.321)					
25	Protasowicki, William	Bedford	2:57.41	3		
	32.636 (32.636)	1:07.971 (35.336)	1:46.035 (38.064)		2:24.545 (38.510)	
	2:57.404 (32.860)					
26	Serra, Owen	Newton South	2:58.01	3		
	33.107 (33.107)	1:08.320 (35.213)	1:47.095 (38.775)		2:24.875 (37.781)	
	2:58.001 (33.126)					
27	Eldridge, Liam	Cambridge Ri	2:58.52	3		
	33.294 (33.294)	1:08.874 (35.580)	1:46.752 (37.879)		2:25.540 (38.788)	
	2:58.520 (32.980)					
28	Herman, Cody	Newton South	3:01.28	3		
	33.708 (33.708)	1:10.023 (36.316)	1:48.078 (38.055)		2:26.955 (38.878)	
	3:01.271 (34.316)					

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 1000 M Run

29 Perry, Ryan	Concord-Carlisle	3:02.94	3	
34.053 (34.053)	1:10.011 (35.959)	1:48.012 (38.001)	2:28.423 (40.412)	
3:02.933 (34.510)				
30 Zhou, Zihang	Boston Latin School	3:03.58	2	
33.483 (33.483)	1:09.197 (35.715)	1:46.067 (36.871)	2:24.634 (38.567)	
3:03.577 (38.944)				
31 Mutebi, Larry	Waltham	3:13.39	3	
31.544 (31.544)	1:06.951 (35.407)	1:46.312 (39.362)	2:28.087 (41.775)	
3:13.384 (45.298)				
32 Macko, Hayden	Westford Academy	3:14.12	3	
31.896 (31.896)	1:07.722 (35.826)	1:47.331 (39.610)	2:30.603 (43.272)	
3:14.111 (43.508)				
33 Chao, Adam	Bedford	3:21.80	3	3:21.795
36.188 (36.188)	1:15.340 (39.152)	1:57.823 (42.484)	2:42.497 (44.674)	
3:21.795 (39.298)				
34 Iyer, Atharv	Westford Academy	3:21.80	3	3:21.797
37.417 (37.417)	1:14.480 (37.064)	1:56.681 (42.201)	2:41.864 (45.184)	
3:21.797 (39.933)				
35 Epstein, Emmett	Waltham	3:22.43	3	
37.280 (37.280)	1:17.320 (40.040)	1:59.749 (42.429)	2:43.591 (43.842)	
3:22.425 (38.835)				
36 Lang, Kevin	Bedford	3:44.31	3	
38.078 (38.078)	1:21.463 (43.386)	2:10.220 (48.757)	2:57.871 (47.651)	
3:44.307 (46.437)				

Boys 1 Mile Run

Name	Year	School	Finals	H#
1 Bronstein, Jacob		Cambridge Ri	4:27.35	1
32.443 (32.443)	1:04.505 (32.063)	1:37.439 (32.934)	2:11.201 (33.762)	
2:45.777 (34.577)	3:20.538 (34.761)	3:54.851 (34.313)	4:27.346 (32.496)	
2 Friedman, Alex		Newton South	4:27.52	1
32.936 (32.936)	1:06.037 (33.101)	1:40.551 (34.515)	2:14.996 (34.445)	
2:49.607 (34.612)	3:24.235 (34.628)	3:57.840 (33.605)	4:27.517 (29.678)	
3 Garraway, Jonathan		Bedford	4:31.43	1
34.154 (34.154)	1:08.386 (34.232)	1:42.871 (34.485)	2:17.371 (34.500)	
2:52.593 (35.222)	3:27.604 (35.012)	4:01.177 (33.574)	4:31.427 (30.250)	
4 MacDonald, Gavin		Newton South	4:35.98	1
34.371 (34.371)	1:09.021 (34.651)	1:44.067 (35.046)	2:18.880 (34.813)	
2:54.131 (35.252)	3:29.885 (35.754)	4:04.888 (35.004)	4:35.976 (31.088)	
5 Andersson, Ethan		Boston Latin School	4:37.70	1
34.103 (34.103)	1:08.717 (34.614)	1:43.577 (34.861)	2:18.153 (34.576)	
2:53.235 (35.083)	3:28.558 (35.324)	4:04.148 (35.590)	4:37.700 (33.552)	
6 Valenta, Carsen		Weston	4:40.31	1
33.583 (33.583)	1:08.641 (35.059)	1:43.119 (34.478)	2:17.928 (34.809)	
2:53.471 (35.544)	3:30.317 (36.847)	4:06.179 (35.862)	4:40.305 (34.126)	
7 Li, Victor		Acton-Boxborough	4:44.77	1
35.113 (35.113)	1:09.869 (34.756)	1:45.501 (35.632)	2:21.319 (35.819)	
2:57.651 (36.332)	3:34.379 (36.728)	4:10.716 (36.337)	4:44.769 (34.053)	
8 Sokatch, Jake		Newton South	4:46.79	1
35.993 (35.993)	1:11.416 (35.424)	1:47.773 (36.357)	2:24.381 (36.609)	
3:01.610 (37.229)	3:38.131 (36.521)	4:14.209 (36.079)	4:46.789 (32.580)	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 1 Mile Run

9 Harris, Nolan	Newton South	4:47.11	1		
35.626 (35.626)	1:10.581 (34.955)	1:46.899 (36.319)		2:23.961 (37.062)	
3:00.867 (36.907)	3:37.687 (36.820)	4:13.789 (36.102)		4:47.104 (33.316)	
10 Caggiano, David	Westford Academy	4:49.99	1		
35.352 (35.352)	1:10.820 (35.468)	1:47.581 (36.762)		2:24.663 (37.082)	
3:02.063 (37.400)	3:39.569 (37.507)	4:16.398 (36.829)		4:49.989 (33.591)	
11 Rivier, Thomas	Concord-Carlisle	4:50.22	1		
36.173 (36.173)	1:11.825 (35.652)	1:48.701 (36.877)		2:26.313 (37.612)	
3:04.172 (37.860)	3:42.041 (37.869)	4:18.413 (36.372)		4:50.211 (31.799)	
12 Burnet, Sam	Boston Latin School	4:51.58	1		
35.597 (35.597)	1:10.553 (34.956)	1:47.261 (36.708)		2:24.652 (37.392)	
3:02.690 (38.039)	3:42.572 (39.882)	4:19.311 (36.740)		4:51.577 (32.266)	
13 Lando, Christopher	Concord-Carlisle	4:52.31	1		
36.025 (36.025)	1:11.409 (35.384)	1:48.323 (36.915)		2:25.418 (37.096)	
3:03.142 (37.724)	3:41.630 (38.488)	4:17.656 (36.026)		4:52.301 (34.645)	
14 Pratt, Graham	Acton-Boxborough	4:55.36	1		
35.295 (35.295)	1:10.227 (34.932)	1:46.469 (36.243)		2:23.717 (37.248)	
3:01.525 (37.808)	3:39.073 (37.549)	4:17.466 (38.393)		4:55.357 (37.892)	
15 Standish, Thomas	Acton-Boxborough	4:57.57	1		
35.708 (35.708)	1:11.181 (35.474)	1:48.049 (36.868)		2:25.150 (37.101)	
3:03.330 (38.180)	3:42.554 (39.224)	4:21.358 (38.804)		4:57.565 (36.207)	
16 Franzoni, Tommaso	Acton-Boxborough	5:02.06	1		
34.876 (34.876)	1:09.327 (34.452)	1:44.911 (35.584)		2:22.583 (37.672)	
3:02.248 (39.665)	3:42.389 (40.142)	4:22.512 (40.123)		5:02.057 (39.546)	
17 Selvitella, James	Cambridge Ri	5:07.49	2		
37.155 (37.155)	1:15.337 (38.182)	1:54.398 (39.061)		2:34.596 (40.199)	
3:14.711 (40.115)	3:53.915 (39.204)	4:32.195 (38.280)		5:07.486 (35.292)	
18 Bedingfield, Adam	Boston Latin School	5:07.66	2		
36.433 (36.433)	1:14.507 (38.075)	1:53.263 (38.756)		2:32.948 (39.686)	
3:12.619 (39.672)	3:52.691 (40.072)	4:31.860 (39.169)		5:07.655 (35.795)	
19 Herrick, Matthew	Waltham	5:19.61	2		
39.201 (39.201)	1:19.386 (40.185)	1:58.220 (38.835)		2:37.417 (39.197)	
3:17.559 (40.143)	3:57.921 (40.362)	4:39.156 (41.236)		5:19.607 (40.451)	
20 Quayle, Braeden	Concord-Carlisle	5:20.81	2		
39.703 (39.703)	1:21.717 (42.015)	2:02.322 (40.605)		2:42.519 (40.197)	
3:23.571 (41.053)	4:05.679 (42.108)	4:45.785 (40.107)		5:20.801 (35.016)	
21 Kohl, Ed	Boston Latin School	5:21.20	2		
38.627 (38.627)	1:18.311 (39.684)	1:59.168 (40.858)		2:41.088 (41.920)	
3:22.897 (41.809)	4:05.406 (42.509)	4:45.483 (40.077)		5:21.195 (35.712)	
22 Rivier, Alexan	Concord-Carlisle	5:25.42	2		
40.703 (40.703)	1:22.134 (41.432)	2:02.678 (40.544)		2:43.337 (40.660)	
3:24.076 (40.740)	4:06.363 (42.287)	4:49.060 (42.698)		5:25.416 (36.356)	
23 Lin, Daniel	Lincoln-Sudbury	5:25.50	2		
39.819 (39.819)	1:21.454 (41.636)	2:03.805 (42.352)		2:46.068 (42.264)	
3:28.054 (41.986)	4:09.452 (41.399)	4:50.495 (41.043)		5:25.499 (35.004)	
24 Shimko, Caden	Bedford	5:26.56	2		
38.939 (38.939)	1:19.711 (40.772)	2:01.359 (41.648)		2:41.975 (40.617)	
3:23.298 (41.323)	4:05.821 (42.524)	4:46.783 (40.962)		5:26.559 (39.777)	
25 Haddad, Andre	Concord-Carlisle	5:29.11	2		
37.986 (37.986)	1:18.613 (40.628)	2:00.924 (42.312)		2:42.960 (42.036)	
3:24.929 (41.969)	4:07.616 (42.688)	4:50.975 (43.360)		5:29.109 (38.134)	
26 Bendersky, Simon	Bedford	5:30.95	2		
38.372 (38.372)	1:19.115 (40.744)	2:00.006 (40.891)		2:41.263 (41.257)	
3:23.010 (41.748)	4:06.090 (43.080)	4:48.711 (42.621)		5:30.941 (42.231)	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 1 Mile Run

27 Salazar-Weibel, Patrick	Bedford	5:35.53	2		
38.679 (38.679)	1:19.879 (41.200)	2:02.569 (42.690)		2:46.129 (43.560)	
3:29.691 (43.562)	4:13.035 (43.345)	4:56.339 (43.304)		5:35.523 (39.185)	
28 Polymeros, Nicholas	Weston	5:36.23	2		
39.455 (39.455)	1:21.341 (41.886)	2:04.344 (43.004)		2:47.964 (43.620)	
3:31.782 (43.818)	4:15.891 (44.110)	4:59.130 (43.239)		5:36.227 (37.097)	
29 Chen, Eli	Lincoln-Sudbury	5:38.01	2		
41.171 (41.171)	1:22.690 (41.519)	2:05.577 (42.888)		2:49.411 (43.835)	
3:31.591 (42.180)	4:14.639 (43.048)	4:57.781 (43.143)		5:38.010 (40.229)	
30 Ledell, Jason	Westford Academy	5:39.15	2		
40.027 (40.027)	1:21.354 (41.328)	2:04.021 (42.668)		2:46.841 (42.820)	
3:30.485 (43.644)	4:14.407 (43.922)	4:58.191 (43.784)		5:39.148 (40.958)	
31 Cheng, Michael	Bedford	5:41.19	2		
38.958 (38.958)	1:20.260 (41.303)	2:02.800 (42.540)		2:46.377 (43.577)	
3:30.044 (43.668)	4:13.951 (43.907)	4:59.920 (45.970)		5:41.186 (41.266)	
32 Lacoste, Colin	Westford Academy	5:41.67	2		
40.307 (40.307)	1:21.100 (40.793)	2:03.928 (42.828)		2:47.703 (43.775)	
3:31.459 (43.757)	4:16.269 (44.810)	5:00.451 (44.183)		5:41.666 (41.215)	

Boys 2 Mile Run

Name	Year School	Finals			
1 Sherman-Kadish, Ilan	Newton South	9:38.21			
39.790 (39.790)	1:17.451 (37.662)	1:55.214 (37.763)		2:33.586 (38.373)	
3:08.912 (35.326)	3:45.092 (36.180)	4:22.277 (37.185)		4:59.358 (37.082)	
5:31.406 (32.048)	6:05.302 (33.896)	6:40.834 (35.532)		7:16.568 (35.735)	
7:52.861 (36.293)	8:28.924 (36.064)	9:04.562 (35.639)		9:38.203 (33.641)	
2 Guevara Mateo, Paulino	Cambridge Ri	9:48.76			
39.444 (39.444)	1:17.275 (37.832)	1:55.311 (38.036)		2:33.847 (38.536)	
3:09.714 (35.867)	3:45.466 (35.753)	4:22.472 (37.006)		4:59.705 (37.233)	
5:34.163 (34.459)	6:09.882 (35.720)	6:46.182 (36.300)		7:21.863 (35.682)	
7:58.292 (36.429)	8:35.449 (37.157)	9:14.162 (38.713)		9:48.754 (34.592)	
3 Hamilton, Nathan	Newton South	9:50.89			
40.018 (40.018)	1:17.733 (37.715)	1:55.451 (37.719)		2:33.877 (38.426)	
3:09.238 (35.361)	3:45.338 (36.100)	4:22.513 (37.176)		4:59.887 (37.375)	
5:35.026 (35.140)	6:11.117 (36.091)	6:47.575 (36.459)		7:24.203 (36.628)	
8:01.714 (37.511)	8:39.396 (37.683)	9:16.576 (37.180)		9:50.882 (34.307)	
4 Nolan, Brendan	Boston Latin School	9:58.26			
40.446 (40.446)	1:18.329 (37.883)	1:55.905 (37.576)		2:34.438 (38.533)	
3:09.874 (35.437)	3:45.863 (35.989)	4:22.958 (37.096)		5:00.294 (37.336)	
5:35.548 (35.255)	6:11.846 (36.298)	6:48.520 (36.675)		7:27.204 (38.684)	
8:06.484 (39.280)	8:45.351 (38.868)	9:23.678 (38.327)		9:58.255 (34.578)	
5 Elhaji, Bilal	Boston Latin School	10:00.81			
40.365 (40.365)	1:18.042 (37.678)	1:55.650 (37.608)		2:34.182 (38.533)	
3:09.573 (35.391)	3:45.614 (36.041)	4:22.699 (37.086)		5:00.057 (37.358)	
5:35.281 (35.224)	6:11.624 (36.344)	6:49.082 (37.459)		7:27.995 (38.913)	
8:06.898 (38.904)	8:45.620 (38.722)	9:24.978 (39.359)		10:00.806 (35.828)	
6 Cahill, William	Weston	10:33.68			
40.599 (40.599)	1:20.150 (39.551)	1:59.805 (39.656)		2:39.143 (39.339)	
3:18.133 (38.990)	3:58.545 (40.412)	4:40.590 (42.046)		5:22.720 (42.130)	
6:03.041 (40.321)	6:42.753 (39.712)	7:22.138 (39.386)		8:02.408 (40.270)	
8:42.125 (39.717)	9:22.191 (40.067)	10:01.394 (39.203)		10:33.680 (32.287)	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 2 Mile Run

7	Wedlake, Adam	Westford Academy	10:33.93		
	40.683 (40.683)	1:19.360 (38.677)	1:58.664 (39.304)	2:37.730 (39.067)	
	3:16.669 (38.939)	3:55.515 (38.847)	4:35.289 (39.774)	5:15.061 (39.772)	
	5:55.473 (40.412)	6:36.875 (41.403)	7:18.188 (41.313)	7:59.506 (41.318)	
	8:39.738 (40.232)	9:20.724 (40.987)	9:59.547 (38.824)	10:33.928 (34.381)	
8	Ibanez Fraile, Leon	Cambridge Ri	10:37.35		
	40.950 (40.950)	1:19.516 (38.566)	1:58.830 (39.315)	2:36.298 (37.468)	
	3:14.647 (38.350)	3:54.433 (39.786)	4:34.618 (40.186)	5:14.682 (40.064)	
	5:55.231 (40.550)	6:36.708 (41.477)	7:17.700 (40.992)	7:58.707 (41.008)	
	8:38.981 (40.274)	9:20.070 (41.089)	10:00.133 (40.064)	10:37.349 (37.216)	
9	Quinn, Brendan	Concord-Carlisle	10:39.20		
	40.218 (40.218)	1:19.250 (39.032)	1:58.585 (39.336)	2:37.242 (38.658)	
	3:16.258 (39.016)	3:54.943 (38.685)	4:34.899 (39.956)	5:14.617 (39.718)	
	5:54.884 (40.268)	6:36.355 (41.472)	7:18.014 (41.660)	7:59.434 (41.420)	
	8:39.762 (40.328)	9:21.286 (41.524)	10:01.904 (40.619)	10:39.200 (37.296)	
10	Collamore, TJ	Westford Academy	10:39.65		
	41.058 (41.058)	1:19.830 (38.773)	1:59.176 (39.346)	2:38.215 (39.040)	
	3:17.062 (38.848)	3:55.807 (38.745)	4:35.814 (40.007)	5:15.878 (40.064)	
	5:56.216 (40.339)	6:37.711 (41.496)	7:18.793 (41.082)	8:00.130 (41.338)	
	8:41.334 (41.204)	9:23.083 (41.750)	10:01.079 (37.996)	10:39.650 (38.571)	
11	Govarthanaraj, Soorya	Westford Academy	10:44.59		
	40.823 (40.823)	1:19.594 (38.772)	1:58.910 (39.316)	2:37.944 (39.035)	
	3:16.507 (38.564)	3:55.290 (38.783)	4:35.445 (40.156)	5:15.546 (40.101)	
	5:55.910 (40.365)	6:37.377 (41.467)	7:18.540 (41.164)	7:59.874 (41.334)	
	8:41.082 (41.208)	9:22.812 (41.731)	10:03.994 (41.183)	10:44.582 (40.588)	
12	Crounse, Luke	Concord-Carlisle	10:48.27		
	39.973 (39.973)	1:18.952 (38.980)	1:58.321 (39.369)	2:37.494 (39.173)	
	3:15.914 (38.420)	3:54.715 (38.802)	4:34.294 (39.580)	5:14.435 (40.141)	
	5:55.142 (40.708)	6:36.142 (41.000)	7:17.970 (41.828)	8:00.676 (42.707)	
	8:43.322 (42.647)	9:26.810 (43.488)	10:09.202 (42.392)	10:48.267 (39.066)	
13	Rivier, Thomas	Concord-Carlisle	10:52.17		
	42.228 (42.228)	1:21.209 (38.981)	2:00.964 (39.756)	2:42.022 (41.058)	
	3:23.754 (41.733)	4:04.880 (41.126)	4:46.477 (41.597)	5:27.515 (41.039)	
	6:08.493 (40.978)	6:50.718 (42.225)	7:32.454 (41.737)	8:14.924 (42.470)	
	8:57.110 (42.186)	9:38.429 (41.320)	10:18.651 (40.223)	10:52.169 (33.518)	
14	Osborn, James	Weston	10:55.59		
	41.646 (41.646)	1:20.764 (39.119)	2:00.786 (40.023)	2:41.081 (40.295)	
	3:21.861 (40.780)	4:03.080 (41.220)	4:44.404 (41.324)	5:25.100 (40.696)	
	6:05.686 (40.587)	6:46.823 (41.137)	7:28.473 (41.650)	8:11.038 (42.566)	
	8:55.081 (44.043)	9:38.392 (43.312)	10:18.763 (40.372)	10:55.590 (36.827)	
15	Rotella, Sahill	Bedford	11:24.74		
	41.222 (41.222)	1:20.670 (39.448)	2:01.628 (40.959)	2:42.966 (41.338)	
	3:25.037 (42.072)	4:07.218 (42.182)	4:50.042 (42.824)	5:33.171 (43.129)	
	6:15.821 (42.650)	6:59.818 (43.997)	7:44.974 (45.157)	8:29.942 (44.968)	
	9:14.332 (44.390)	9:59.704 (45.372)	10:44.833 (45.129)	11:24.737 (39.904)	

Boys 55 M Hurdles

Name	Year School	Finals	H#
1 Kyle, Ryan	Westford Academy	7.86	1
2 Stegmeier, Noah	Acton-Boxborough	7.92	1
3 Hadgu, Merhawi	Cambridge Ri	8.70	1
4 Gao, jeffery	Cambridge Ri	8.75	1
5 Raines, Jude	Lincoln-Sudbury	8.84	2

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 55 M Hurdles

6	Gatesman, Emerson	Acton-Boxborough	8.86	1	8.858
7	Marshall, Rasheed	Waltham	8.86	1	8.860
8	Hurlbut-Lesk, William	Acton-Boxborough	8.92	1	
9	O'Keefe, James	Lincoln-Sudbury	8.95	5	
10	Van Beever, Kai	Newton South	8.99	2	
11	Giglio-Dirga, Ian	Newton South	9.22	1	
12	Harris, Diego	Acton-Boxborough	9.25	2	
13	Guo, Gavin	Westford Academy	9.56	4	
14	Francois, Karl	Newton South	9.59	4	
15	Gothie, Max	Lincoln-Sudbury	9.64	2	
16	Sebastianelli, Giovanni	Wayland	9.78	3	
17	Jung, Owen	Newton South	9.84	4	
18	Zhang, Haochen	Boston Latin School	10.02	3	
19	Giusti, Dominic	Bedford	10.06	2	
20	Keleher, Colin	Boston Latin School	10.09	3	
21	Lee, Theodore	Cambridge Ri	10.14	4	
22	DeGrenier, Atticus	Wayland	10.16	3	
23	Panchu, Sid	Acton-Boxborough	10.18	3	
24	Macko, Hayden	Westford Academy	10.25	3	
25	Shapiro, Maksim	Acton-Boxborough	10.67	4	
26	Nolte, Griffin	Waltham	10.68	3	
27	Thomas, Jack	Concord-Carlisle	10.82	4	
28	Ma, Seiji	Concord-Carlisle	10.95	5	
29	Holland, Kai	Bedford	10.99	5	
30	Dandridge, Jonathan	Bedford	11.17	5	
31	Hesselbein, Reginald	Boston Latin School	11.26	4	
32	Lawton, Myles	Concord-Carlisle	11.64	5	
33	Durham, Connor	Concord-Carlisle	11.76	5	
34	Quezada, Cleveland	Weston	12.11	5	

Boys 4x200 M Relay

School	Finals	H#
1 Waltham 'A'	1:32.04	1
1) Peters, Sunil	2) Fredette, Lucas	
3) Foy, Noah	4) Marshall, Rasheed	
2 Acton-Boxborough 'A'	1:34.61	1
1) Withington, George	2) Fox, Noah	
3) Izzo, Jack	4) Harris, Diego	
3 Weston 'A'	1:37.38	1
1) Lago, Noah	2) Leonardo, Mark	
3) Barbieri, Lalo	4) Burnett, Nathan	
4 Westford Academy 'A'	1:37.63	1
1) Kyle, Ryan	2) O'Hearn, Dilan	
3) Navas, Diego	4) Buonacore, Vinnie	
5 Newton South 'A'	1:38.05	1
1) Mathew, Jonathan	2) Harrild, Jack	
3) Bryden, Nash	4) Dash, Jesse	
6 Cambridge Rindge & Latin 'A'	1:38.48	1
1) Hadgu, Merhawi	2) Tang, Evan	
3) Green, Kamai	4) Henry, Miel	
7 Boston Latin School 'A'	1:39.51	2
1) Cooper-DuPont, Hayden	2) Furlonge, Brendan	
3) McCue, Aiden	4) Williams, Avery	

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 4x200 M Relay

8 Bedford 'A'	1:40.06	2
1) Dandridge, Jonathan	2) Joseph, Vivek	
3) Oliveri Kuhnle, Matteo	4) Joseph, Vineet	
9 Wayland 'A'	1:43.08	2
1) Hines, Brendan	2) DeGrenier, Atticus	
3) Sebastianelli, Giovanni	4) Norgaard, Tristan	
10 Concord-Carlisle 'A'	1:43.89	2
1) Chabilal Ramos, Elyjah	2) Hernandez, Cesar	
3) Pimenta, Mateo	4) Atkinson, Zion	
11 Lincoln-Sudbury 'A'	1:46.65	2
1) Johnson, Connor	2) Boretti, Ryan	
3) Merck, Jamal	4) Alcantara, Neit	

Boys 4x400 M Relay

School	Finals	H#				
1 Weston 'A'	3:31.51	1				
1) Johnson, Darrell	2) Stick, Matthew					
3) Barbieri, Nicolas	4) Tavares, Ben					
25.206 (25.206)	54.108 (28.902)	1:20.174 (26.067)	1:49.138 (28.964)			
2:13.272 (24.134)	2:40.638 (27.366)	3:05.282 (24.645)	3:31.502 (26.220)			
2 Boston Latin School 'A'	3:32.06	1				
1) Andersson, Ethan	2) Deane, Max					
3) Fisher, Colin	4) Fitzgibbon, Liam					
27.177 (27.177)	54.685 (27.508)	1:22.052 (27.368)	1:49.960 (27.908)			
2:13.215 (23.256)	2:40.994 (27.779)	3:06.278 (25.284)	3:32.055 (25.778)			
3 Acton-Boxborough 'A'	3:37.50	2				
1) Raina, Ajay	2) Cronin, Anthony					
3) Verner, Kyle	4) Lin, Chris					
26.385 (26.385)	55.571 (29.187)	1:22.920 (27.349)	1:52.676 (29.756)			
2:18.874 (26.199)	2:46.497 (27.624)	3:09.860 (23.363)	3:37.497 (27.637)			
4 Bedford 'A'	3:41.60	2				
1) Gorkavy, Platon	2) Brosgol, Oren					
3) Rauch, Carter	4) Garraway, Jonathan					
26.516 (26.516)	1:02.325 (35.809)	1:27.423 (25.099)	1:57.445 (30.022)			
2:22.610 (25.166)	2:50.060 (27.450)	3:14.425 (24.365)	3:41.597 (27.172)			
5 Cambridge Rindge & Latin 'A'	3:41.81	1				
1) Bronstein, Daniel	2) Phelps, Mont					
3) Thomas, Jasen	4) Bronstein, Jacob					
27.157 (27.157)	55.457 (28.300)	1:24.217 (28.760)	1:53.262 (29.046)			
2:19.620 (26.358)	2:49.417 (29.797)	3:14.314 (24.897)	3:41.806 (27.492)			
6 Newton South 'A'	3:42.90	2				
1) Friedman, Alex	2) Healy, Liam					
3) Blythe, Graham	4) MacDonald, Gavin					
26.490 (26.490)	54.934 (28.444)	1:21.596 (26.662)	1:51.145 (29.549)			
2:17.740 (26.596)	2:47.473 (29.734)	3:14.729 (27.256)	3:42.896 (28.167)			
7 Concord-Carlisle 'A'	3:46.34	1				
1) MacDonald, Charles	2) Anstey, William					
3) Bout, Sawyer	4) Quinn, Liam					
27.718 (27.718)	56.214 (28.496)	1:25.156 (28.943)	1:55.222 (30.066)			
2:20.949 (25.728)	2:49.936 (28.988)	3:16.523 (26.588)	3:46.334 (29.812)			
8 Lincoln-Sudbury 'A'	3:51.63	2				

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys 4x400 M Relay

1) Raines, Jude	2) Sholk, Ethan				
3) Toomey, Connor	4) Dowridge, Wilson				
25.009 (25.009)	53.180 (28.172)	1:20.217 (27.038)	1:52.842 (32.625)		
2:19.556 (26.714)	2:51.073 (31.518)	3:20.427 (29.354)	3:51.627 (31.200)		
9 Waltham 'A'		3:52.27 2			
1) Rizza, Sammy	2) Mutebi, Larry				
3) Lund, Endy	4) Gavin, Conor				
27.665 (27.665)	57.728 (30.063)	1:25.314 (27.587)	1:57.194 (31.880)		
2:23.445 (26.252)	2:54.032 (30.587)	3:21.535 (27.504)	3:52.261 (30.727)		
10 Westford Academy 'A'		4:01.39 1			
1) Bello, Matthew	2) Berthold, Nick				
3) Caggiano, David	4) Collamore, TJ				
29.605 (29.605)	59.973 (30.368)	1:27.856 (27.884)	1:57.158 (29.302)		
2:25.746 (28.588)	2:56.223 (30.478)	3:26.818 (30.595)	4:01.386 (34.569)		

Boys High Jump

Name	Year	School	Finals
1 Boretti, Ryan		Lincoln-Sudbury	5-10.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00			
--- O O O XO O XXX			
2 Ng, Evan		Newton South	5-08.00
5-00 5-02 5-04 5-06 5-08 5-10			
--- O XO O O XXX			
3 Pimenta, Mateo		Concord-Carlisle	5-06.00
5-00 5-02 5-04 5-06 5-08			
O O O XO XXX			
4 Duffy, Jack		Acton-Boxborough	J5-06.00
5-00 5-02 5-04 5-06 5-08			
--- O XO XO XXX			
5 Joseph, Vineet		Bedford	5-04.00
5-00 5-02 5-04 5-06			
O O O XXX			
6 O'Hearn, Dilan		Westford Academy	J5-04.00
5-00 5-02 5-04 5-06			
--- --- XXO XXX			
7 Joseph, Vivek		Bedford	5-02.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00 6-02			
O O --- --- --- --- ---			
8 Fredette, Lucas		Waltham	J5-02.00
5-00 5-02 5-04 5-06 5-08 5-10 6-00			
XO O XX- --- --- --- ---			
8 Johnson, Darrell		Weston	J5-02.00
5-00 5-02 5-04			
XO O XXX			
10 Boaz, Ethan		Westford Academy	J5-02.00
5-00 5-02 5-04			
O XO XXX			
11 Merck, Jamal		Lincoln-Sudbury	J5-02.00
5-00 5-02 5-04			
XO XXO XXX			
12 Hussey, Henry		Lincoln-Sudbury	J5-02.00
5-00 5-02 5-04			
XXO XXO XXX			

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys High Jump

13 Xerras, Luke	Newton South	5-00.00
5-00 5-02		
0 XXX		
-- Hesselbein, Reginald	Boston Latin School	NH
5-00		
XXX		
-- Mwebeiha, Isiaih	Weston	NH
5-00		
XXX		
-- Giusti, Dominic	Bedford	NH
5-00		
XXX		
-- Durham, Connor	Concord-Carlisle	NH
5-00		
XXX		
-- McKeown, Logan	Westford Academy	NH
5-00		
XXX		

Boys Long Jump

Name	Year	School	Finals	H#
1 Kyle, Ryan		Westford Academy	20-07.75	1
19-09.50 20-06.50 20-07.75				
2 Khamitkar, Devesh		Westford Academy	20-00.00	1
20-00 FOUL PASS				
3 Adamchek, Christopher		Acton-Boxborough	19-10.75	1
19-04 19-09.50 19-10.75				
4 Oliveri Kuhnle, Matteo		Bedford	19-02.25	1
17-07 19-02.25 18-00.50				
5 Marshall, Rasheed		Waltham	18-11.25	1
18-08 18-09 18-11.25				
6 Milner, Kossi		Cambridge Ri	18-04.00	1
18-04 FOUL FOUL				
7 Norgaard, Tristan		Wayland	18-01.25	1
18-00.75 18-01.25 16-10				
8 Parados, Zachary		Acton-Boxborough	18-01.00	1
10-07 16-06 18-01				
9 Hernandez, Cesar		Concord-Carlisle	17-03.25	2
16-05.50 17-03.25 16-10.50				
10 Marriott, Josh		Waltham	17-03.00	2
17-00.25 17-03 FOUL				
11 Johnson, Darrell		Weston	17-02.50	1
12-11.50 FOUL 17-02.50				
12 Volk, Aidan		Newton South	17-01.25	2
FOUL 17-01.25 15-09.75				
13 Henry, Miel		Cambridge Ri	16-07.75	2
15-09.50 16-07.75 12-06				
14 Gao, jeffery		Cambridge Ri	16-07.50	2
16-10.50 16-04.75 16-01				
15 Zhuang, Chuanxuan		Lincoln-Sudbury	16-05.75	2
15-01 15-04.50 16-05.75				
16 Brophy, Jaden		Cambridge Ri	15-10.00	3
FOUL 15-10 14-11				

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys Long Jump

17	Rizza, Sammy	Waltham	15-06.00	3
	15-06 FOUL 14-02.50			
18	Cranmore, Austin	Weston	15-02.00	2
	FOUL 15-02 FOUL			
19	Mei, Francis	Newton South	14-11.50	3
	14-08.50 FOUL 14-11.50			
20	Augustus, Jeremiah	Bedford	14-10.50	3
	FOUL 14-10.50 13-06			
21	Dowridge, Wilson	Lincoln-Sudbury	14-08.25	3
	14-08.25 FOUL 13-06			
22	Edmundson, Abel	Newton South	14-06.50	3
	13-03.25 13-09 14-06.50			
23	Merck, Jamal	Lincoln-Sudbury	14-06.00	2
	14-06 14-02 13-07.75			
24	Waiting, Hudson	Westford Academy	14-04.50	2
	FOUL FOUL 14-04.50			
25	Taylor, Jayden	Wayland	14-04.00	3
	13-09.50 14-04 FOUL			
26	Koni, Ryan	Bedford	14-02.00	3
	12-08.50 14-02 FOUL			
26	Gavin, Conor	Waltham	14-02.00	3
	14-02 FOUL FOUL			
28	Whitmore, Russel	Wayland	14-00.00	3
	12-02 12-01 14-00			
--	Navas, Diego	Westford Academy	FOUL	1
	FOUL FOUL FOUL			
--	Boretti, Ryan	Lincoln-Sudbury	FOUL	3
	FOUL FOUL FOUL			
--	Anderson, Jacob	Bedford	FOUL	2
	FOUL FOUL FOUL			

Boys Triple Jump

Name	Year	School	Finals
1 Norgaard, Tristan		Wayland	36-07.00
	34-04.50 36-07 36-06		
2 Tayler, Jayden		Wayland	33-07.00
	31-10.50 32-07 33-07		

Boys Shot Put

Name	Year	School	Finals	H#
1 Dwivedi, Shubh		Acton-Boxborough	43-06.50	1
	43-06.50 42-04 41-09.75			
2 Brooks, Samuel		Wayland	42-09.00	1
	42-09 38-00.50 38-06.50			
3 Chen, Harvey		Newton South	42-01.50	1
	42-01.50 41-06 40-11.75			
4 Luxama, Zach		Newton South	38-01.00	1
	36-05.50 38-01 37-07.75			
5 Chabilal Ramos, Elyjah		Concord-Carlisle	37-04.25	1
	37-00.50 37-04.25 34-00.25			

Dual County League Meet #3 - 1/10/2024
the TRACK at new balance
Results

....Boys Shot Put

6	Sinclair, Reese	Lincoln-Sudbury	36-11.75	1
	36-11.25 36-11.75 35-06			
7	Phifer, Jaylon	Newton South	36-03.50	2
	35-11 36-03.50 FOUL			
8	Boyle, Dylan	Waltham	35-10.25	1
	FOUL 35-10.25 34-10.75			
9	Kerrigan, Jack	Wayland	35-03.25	1
	34-11.75 35-03.25 33-02			
10	Chisari, Adam	Waltham	35-01.75	1
	29-10.50 32-10.25 35-01.75			
11	Reznik, David	Weston	34-03.50	2
	34-03.50 32-11 32-11.50			
12	Larimore, Chase	Bedford	34-01.50	1
	34-01.50 31-01.50 33-11.75			
13	Brown, Kevin	Weston	33-10.75	2
	33-10.75 33-06.50 32-00			
14	Salato, Alessandro	Bedford	32-10.50	1
	32-09 32-10.50 31-05.50			
15	Pires, Jamari	Concord-Carlisle	32-09.50	1
	31-05.50 32-09.50 32-06			
16	Mulcahey, Oscar	Newton South	32-05.00	1
	32-05 FOUL FOUL			
17	Gallant, Derek	Bedford	31-06.25	2
	25-11 31-06.25 29-11.25			
18	Blair, Richard	Concord-Carlisle	31-03.00	1
	31-03 30-03.25 28-07			
19	Fadlon, Gabe	Waltham	30-05.50	2
	30-02.50 29-03 30-05.50			
20	Ramirez, David	Waltham	30-03.50	2
	30-03.50 27-09.75 28-05			
21	Brough, Alex	Bedford	30-00.00	2
	29-01.75 27-10.50 30-00			
22	Ouyang, Matt	Boston Latin School	29-06.25	2
	27-06 29-06.25 29-01			
23	Ding, Ryan	Wayland	29-01.00	3
	26-06.75 29-01 26-11			
24	Arrieta, Diego	Lincoln-Sudbury	28-11.00	2
	26-09 28-11 27-08.50			
25	Rivers, Daniel	Lincoln-Sudbury	28-10.75	3
	28-10.75 28-03 28-04.75			
26	Spencer, Brady	Wayland	28-02.00	2
	27-03.50 27-08.50 28-02			
27	Harris, Diego	Acton-Boxborough	27-08.00	2
	23-01 27-01 27-08			
28	Dragone, Ryan	Waltham	27-06.00	2
	26-04 27-06 25-08.50			
29	Bello, Matthew	Westford Academy	27-01.00	3
	26-04 26-11.25 27-01			
30	Shapiro, Maksim	Acton-Boxborough	27-00.50	3
	23-10 27-00.50 26-07			
31	Hnasko, Bjorn	Newton South	26-08.50	3
	24-04.25 26-08.50 26-03.75			
32	Zipes, Sam	Lincoln-Sudbury	26-06.25	3
	26-06.25 25-05.50 25-05			

Dual County League Meet #3 - 1/10/2024**the TRACK at new balance****Results****....Boys Shot Put**

33	Hauck, Charlie	Boston Latin School	25-11.50	3
	22-08.25 25-01 25-11.50			
34	Hong, Aaron	Acton-Boxborough	25-09.50	1
	24-09.50 25-09.50 24-09.75			
35	Omoroghomwan, Troy	Boston Latin School	25-05.00	3
	22-05.75 24-03.75 25-05			
36	Chockalingam, Kannan	Lincoln-Sudbury	25-04.00	3
	24-07.50 23-01.25 25-04			
37	Panganiba, Giovanni	Bedford	25-01.00	3
	24-03 25-01 24-08			
38	Patel, Krish	Westford Academy	23-11.00	3
	23-03 23-10.25 23-11			
39	Blair, Robert	Concord-Carlisle	23-02.50	3
	22-04.25 22-07 23-02.50			
40	Kabaev, Victor	Acton-Boxborough	22-06.50	3
	22-06.50 19-04.75 19-00.75			
41	Khan, Aayan	Westford Academy	20-11.25	3
	20-07.25 20-11.25 19-06.50			